Chronic Otitis Media with and without Cholesteatoma

- Definition: persistent drainage from the middle ear through a perforated tympanic membrane lasting > 6–12 weeks.
- A perforation becomes permanent when its edges are covered by squamous epithelium and it does not heal spontaneously.
- In < 15 years old.

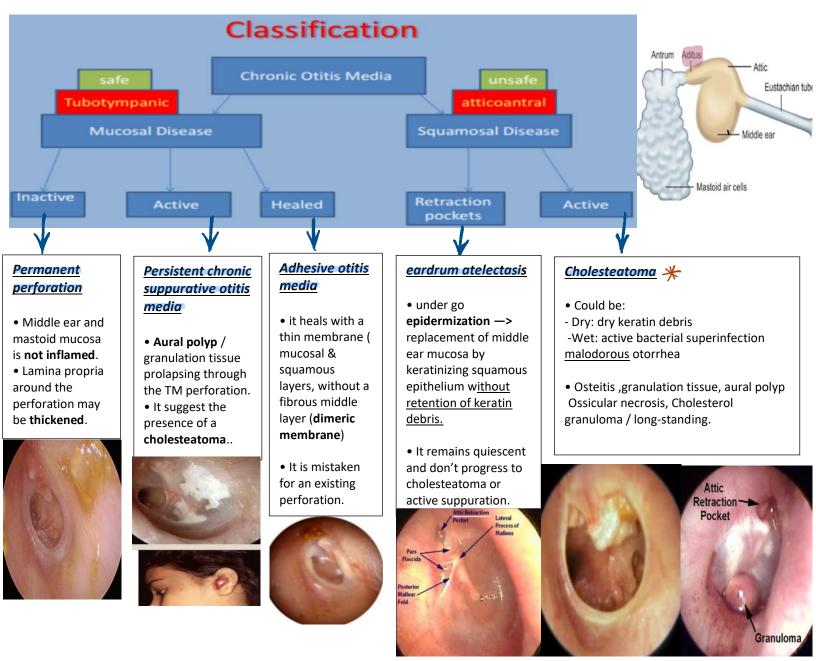


TABLE 11.1 DIFFERENCES BETWEEN TUBOTYMPANIC AND ATTICOANTRAL TYPE OF CSOM

Discharge Perforation Granulations Polyp Cholesteatoma Complications Audiogram Tubotympanic or safe type

Profuse, mucoid, odourless Central Uncommon Pale Absent Rare Mild to moderate conductive deafness

Atticoantral or unsafe type

Scanty, purulent, foul smelling Attic or marginal Common Red and fleshy Present Common Conductive or mixed deafness

Pathogenesis of COM

• Factors allow active infection to develop into chronic / unclear —> Episode of active infection : irritation and inflammation of mucosa —> mucosal edema and ulceration —> breaking of epithelial lining —> attempts to resolve infection —> granulation tissue ,polyps —> viscous circle destroy bony margins and complications.

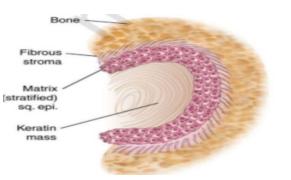
Microbiology

Pseudomonas aeruginosa >> Staph. Aureus >> Klebsiella

<u>Etiology</u>

Recurrent acute otitis media , Placement of ventilation tube , Trauma

middle ear is nowhere lined by keratinizing squamous epithelium. If it presents in the middle ear
or mastoid that constitutes a cholesteatoma..... "skin in the wrong place. "



Cholesteatoma

Histologically, the cholesteatoma is comprised by peri-matrix, matrix and cystic content. **Cystic** content: **desquamated keratin center**

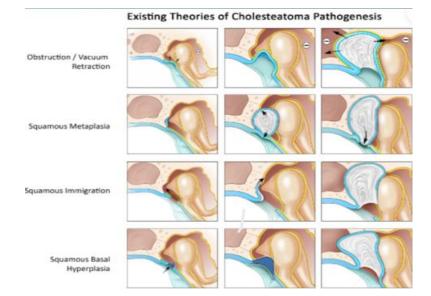
Matrix : keratinizing stratified squamous epithelium

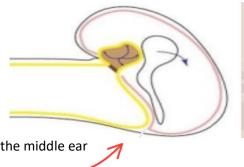
Peri-matrix: granulation tissue (subepithelial connective tissue) that secrete multiple <u>proteolytic enzymes</u> capable of bone destruction

- 1) Congenital cholesteatomas.
- Less common
- white pearly lesion behind an **intact tympanic** membrane
 - in the anterior-superior quadrant.
- originate from areas of keratinizing epithelium within the middle ear cleft.



2) Acquired Cholesteatoma





- cholesteatoma is prone to recurrent infections, and they characteristically erode ossicles and otic capsule.

1. Otitis

Media 2. Facial Pain

3. Abducens Palsy

- Complicated : <u>Facial paralysis</u>, <u>Labyrinthitis</u>, <u>Petrositis</u> (Gradenigo syndrome)
 Intracranial complications (lateral sinus thrombosis , Meningitis, Intracranial abscess)
- → Hearing impairment, Mucopurulent otorrhea (Active)

→ Physical exam : by otoscopic [TM perforation (Central, marginal, attic), Active or inactive, Granulation tissue, Polyps, Cholesteatoma, Necrosis of long process of incus Complications, Operation scars]



➔ Diagnosis

Audiology/ Pure tone audiometry..... Air bone gap depends on: **1**. Size of perforation **2.** Erosion of Ossicles **3.** Significant granulation tissue around ossicles

Radiology / CT

- ➔ Treatment
 - Stop otorrhea, Heal TM, Eradication of current infections, Prevent Complications
 - o <u>Aural toilet</u>, Topical Abx, Granulation Tissue Control (drops , steroids , Excision), Systemic Abx.
 - <u>Surgical</u> : Surgical excision + tympanoplasty + Mastoidectomy (Radical, Modified R)