

# Diarrhoea

## inflammatory

- cytokine-induced  
↑ secretion  
and/or  
↓ absorption
- **MUCs**, **blood** or  
leucocytes are  
found in stool
- IBD < UC  
CD
- Colorectal CA
- invasive E.coli,
- Shigella, Salmonella,  
Campylobacter, Yersinia,  
amoeba, C.diff (rarely  
bloody)

## fatty

- malabsorption  
of digested food
- Giardia
- SIBO (small  
intestinal bacterial  
overgrowth)
- Tropical sprue
- Whipple disease  
DDx of Coeliac  
disease
- maldigestion
- exocrine  
pancreatic  
insufficiency  
(DDx: CF)
- Bile acid  
diarrhoea

## Watery

### secretory

- ↑ cAMP activity  
leads to active  
secretion of  
water into the  
lumen
- Cholera
- toxigenic E.coli
- C. diff (abx & pPI)
- C. perfringens
- Giardia
- cryptosporidium
- Rotavirus
- Norovirus
- adenovirus
- DM
- Hyperthyroidism
- Addison disease

### Osmotic

- poor absorption  
or ↑ ingestion  
of salts, sugars,  
laxatives
- Osmotic  
laxatives
- Carbohydrate  
malabsorption  
(Lactose /  
fructose  
intolerance).
- ↓  
may also present  
as fatty diarrhoea