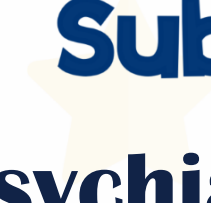




Test Bank



Subject:

Psychiatry-Final



Collected by:

Reem Abushuqeer



Please note that there are two sections;

- The first one was collected from the last ~4 years. The questions were frequently repeated, and I added a (*) every time a question was repeated.
- The second section includes older questions (2009-2016), some of them might not be required, but I added them just in case.

Also, I am not 100% sure of the answers of the questions in blue.

First Section

001. Which of the following statements is true about gender identity? *
- Gender identity and gender role are the same
 - Gender identity is well established by 12 months
 - Gender identity disorder do not increase risk of suicide
 - Gender identity disorders are common in western societies
 - Gender identity disorder is difficult to treat

Answer: e

002. Agoraphobia is which of the following? *
- Fear of being among crowds
 - Fear of being subject to criticism
 - Fear of being among animals
 - Fear of being in the dark
 - Fear of being in high places

Answer: a

003. Which of the following drugs results in highest mortality among users? *
- PCP
 - Amphetamine
 - Cannabis
 - LSD
 - Heroin

Answer: e

004. Patients with anorexia nervosa suffer from which one of the following? ****
- The patient is concerned about the weight loss
 - The patient is overwhelmed with weight phobia
 - The patient has a dissociative identity disorder
 - The patient suffers from lack of appetite
 - The patient suffers from dysmorphophobia

Answer: b

005. Which of the following statements is true about OCD? *
- a. Obsessions are recognized by the patient as imposed on them
 - b. Obsessional symptoms are always followed by actions
 - c. Obsessional thoughts are usually pleasant
 - d. Obsessions lead to resistance by the patient
 - e. The prognosis is worse when precipitated by trauma

Answer: e

006. In the treatment of 'social phobia', all the following are commonly used as treatment, EXCEPT? ****
- a. Modeling
 - b. SSRIs
 - c. ECT
 - d. Flooding
 - e. Cognitive behavior therapy

Answer: c

007. A 28-year woman attends a psychiatric clinic complains of mood swings from time to time, she admits that she has not been able to sustain relationships because of her mood swings and impulsivity. She fears abandonment by her friends, blames everyone for her current state. She had several overdoses impulsively during the previous five years. She misused benzodiazepines to reduce tension and sleep. The most likely diagnosis is? **
- a. Major depressive disorder
 - b. Histrionic personality disorder
 - c. Substance use disorder
 - d. Borderline personality disorder
 - e. Bipolar disorder

Answer: d

008. Abnormalities in which of the following brain systems are most likely to cause Depression? *
- a. Acetylcholine system
 - b. Endorphins system
 - c. Monoamine system
 - d. Dopaminergic system
 - e. Histamine system

Answer: c

009. On assessing a patient with acute psychosis which of the following signs should alert the physician to the possibility of an organic underlying cause for his problem? ***
- a. Temperature of 39°C /fever
 - b. Auditory hallucinations

- c. Persecutory delusions
- d. chronic course
- e. High blood pressure

Answer: a

010. Which of the following is thought to be involved in the etiology of dementia? *

- a. Acetylcholine
- b. Histamine
- c. Serotonin
- d. Enkephalin
- e. Dopamine

Answer: a

011. A 45-year-old man was admitted to the surgical ward for observation after he was involved in a RTA, he was conscious and sustained no obvious traumas. Some 12 hours after admission, started having visual hallucinations, became confused, wandering in the ward thinking that he is at home. CT scan was normal, Gamma GT was elevated and MCV was 110, physical exam was normal. What is the diagnosis of his clinical state? **

- a. Dissociative reaction
- b. Subdural hematoma
- c. Brain concussion
- d. Alcohol withdrawal
- e. Conversion reaction

Answer: d

012. Which of the following statements is true about depression?

- a. Is caused by underactivity of dopamine
- b. About 3% of depressed commit suicide
- c. Men are more affected by depression
- d. Commonly present with physical symptoms
- e. Depression is commonly recognized health problem

Answer: d

013. On assessing a 30-year-old male patient with poor general health which of the following signs should alert the physician to the possibility of alcohol dependence? ***

- a. High blood pressure
- b. Decreased vitamin B6 in the blood
- c. Excessive cigarette smoking
- d. Hyperthyroidism
- e. Liver enlargement

Answer: e

014. Which of the following statements is true about psychotherapy? ***

- a. Psychotherapy aims at improving patient function
- b. It employs medication in the beginning
- c. Psychotherapy does not need therapeutic contract
- d. It is unsuitable for children below 12 years
- e. Psychotherapy has no significant effect on brain neurochemistry

Answer: a

015. Delirium is characterized by all the following, EXCEPT? ***

- a. Common in the elderly
- b. No memory impairment
- c. Impaired level of consciousness
- d. Reversible
- e. Fluctuating course

Answer: b

016. Cognitive Behavior therapy is effective in all the following conditions, EXCEPT? **

- a. Panic disorder
- b. Posttraumatic stress disorder
- c. Depressive disorder
- d. Social anxiety disorder
- e. Paranoid schizophrenia

Answer: e

017. Which of the following statements define gender identity best?

- a. How other people view you as male or female
- b. How you view yourself regardless of genitalia
- c. The way you are expected to dress as male or female
- d. The role you perform as male or female
- e. The sexual attraction to same or opposite sex

Answer: b

018. Which of the following represents a disorder of thinking? *

- a. Flight of ideas
- b. hallucinations
- c. Depersonalization
- d. Conversion
- e. Thought echo

Answer: a

019. A 36-year-old man is presented to the emergency department with severe respiratory difficulties. On examination he is agitated in severe pain, has tattoo over large area on his body, has dilated pupils, and has needle marks on his forearm. There is high suspicion that his condition drug related. Which of the following drugs is most likely involved? ***

- a. Cannabis
- b. Heroin
- c. Phencyclidine
- d. Alcohol
- e. Cocaine

Answer: b

020. Which of the following occurs in REM sleep?

- a. Increase muscle tone
- b. Night terror
- c. Nightmares
- d. Drop in respiration
- e. Decrease in blood pressure

Answer: c

021. A 17-year-old girl is referred due frequent episodes of vomiting; her friends report that, despite her preoccupation with her body image, she eats twice as much as anybody else. The parents stated that she buys a lot of laxatives from a local pharmacy, but her weight is normal. The girl reports that her mood is fine, and her records at school indicate that she is an above-average student. What is the most likely diagnosis? ****

- a. Bulimia nervosa
- b. Anorexia nervosa
- c. Obsessive compulsive disorder
- d. Depression
- e. Somatization disorder

Answer: a

022. A 60-year man is admitted to the psychiatric unit for having suicidal ideas; he is severely retarded and crying for no reason. He says nothing will change any way, he also stopped eating and drinking and has become dehydrated. Which of the following is the most likely diagnosis?

- a. Conversion disorder
- b. Anxiety disorder
- c. Schizophrenia
- d. Social phobia
- e. Depression

Answer: e

023. Which of the following Questionnaires is commonly used to screen for alcohol dependence? *

- a. Symptom check list 90
- b. CAGE
- c. MMPI
- d. Beck depression questionnaire
- e. Patient health questionnaire

Answer: b

024. All the following disorders may be associated with violent behavior, EXCEPT? **

- a. Alcohol dependence
- b. Social anxiety disorder
- c. Bipolar mood disorder
- d. Schizophrenia
- e. Personality disorders

Answer: b

025. A 37-year-old woman presents to the emergency department complaining of severe diarrhea and coarse tremor. Patient has history of bipolar mood disorder on treatment [by lithium carbonate]. The most appropriate intervention is to? ****

- a. Obtain a urine toxicology screen
- b. Obtain a urine pregnancy test
- c. Prescribe antidiarrheal medication
- d. Obtain a serum medication [lithium] level
- e. Obtain renal function studies

Answer: d

026. Which of the following is an approved pharmacological treatment for ADHD? ****

- a. Imipramine
- b. Lithium
- c. Olanzapine
- d. Fluoxetine
- e. Methylphenidate

Answer: e

027. Which of the following is true about Enuresis?

- a. Behavior therapy is not effective
- b. Epilepsy is common among patients
- c. Family history is irrelevant
- d. Affects boys more than girls
- e. IQ is usually low

Answer: d

028. Which of the following is a disorder of impulse control?

- a. Delirium
- b. Psychogenic amnesia
- c. Dissociative Fugue
- d. Derealization
- e. Trichotillomania

Answer: e

029. Which of the following is a positive symptom of schizophrenia? ***

- a. Persecutory delusions
- b. Blunted affect
- c. Avolition (lack of will)
- d. Alogia (lack of talk)
- e. Social withdrawal

Answer: a

030. A 42-year female schizophrenic stops in the middle of a sentence during the interview, she is not able to explain why she stopped. What is this phenomenon called? ***

- a. Derailment
- b. Poverty of thought
- c. Thought broadcasting
- d. Thought blocking
- e. Thought withdrawal

Answer: d

031. ALL of the following are often associated with anorexia nervosa, EXCEPT?

- a. Normal body image
- b. Vomiting
- c. High blood pressure
- d. General weakness
- e. BMI more than 20

Answer: c

032. Which of the following is characteristic for schizotypal personality disorder?

- a. Joining group activities
- b. Mistrust others
- c. Attention seeking
- d. Reckless behavior
- e. Magical thinking

Answer: e

033. All personality disorders share the followings EXCEPT? ***

- a. They are difficult to treat
- b. They improve after 40 years of age
- c. They are diagnosed in late childhood
- d. They significantly deviate from the norm
- e. They cause dysfunction

Answer: c

034. Obsessive compulsive disorder is characterized by: ****

- a. Negative symptoms
- b. Impulsive acts
- c. Over activity
- d. Intrusive thoughts
- e. Lack of insight

Answer: d

035. All the following a features of somatic symptom disorder, EXCEPT? **

- a. The symptom may be a single pain symptom
- b. Multiple physical symptoms without underlying organic pathology
- c. The symptoms may be related to more than one body system
- d. The symptoms are intentionally produced
- e. The duration of symptoms is 6 months or more

Answer: d

036. Which of the followings is shared by all anxiety disorders? ***

- a. Positive outlook to life
- b. Onset is in middle age
- c. Exaggeration of normal events
- d. Decrease risk for suicide
- e. Behavior therapy is not effective

Answer: c

037. Which of the following neurotransmitters are related to schizophrenia?

- a. Norepinephrine
- b. Substance P
- c. Dopamine
- d. Acetylcholine
- e. Serotonin

Answer: c

038. Which of the following is most important in Delirium management? *

- a. Searching for underlying cause
- b. Keeping low light in the room
- c. Giving Antibiotics
- d. Giving IV fluids
- e. Encourage family visits

Answer: a

039. In the absence of any medical disorder and substance use, which of the following symptoms, if present for more than a month, makes a diagnosis of schizophrenia likely? ***

- a. Delusion of grandiosity
- b. Blunted affect
- c. Mood congruent auditory hallucination
- d. Voices referring to the patient as a third person
- e. Flight of ideas

Answer: d

040. Panic attacks commonly occur in which of the following conditions?

- a. Bipolar mood disorder
- b. Schizophrenia
- c. Delirium tremens
- d. Generalized anxiety disorder
- e. Damage to the temporal lobe

Answer: d

041. Which of the following is a common symptom of ADHD? ***

- a. Stealing
- b. Impulsivity
- c. Depression
- d. Obsession
- e. Anxiety

Answer: b

042. Which of the following therapies is a behavior therapy Technique?

- a. Gestalt therapy
- b. Gradual exposure
- c. Psychoanalysis
- d. Client-centered therapy
- e. Hypnotherapy

Answer: b

043. Which of the following is a sign of seriousness of a suicidal attempt? *

- a. Being married
- b. Suicidal note
- c. Being female
- d. History of depression
- e. Smoker

Answer: b

044. Which of the following drugs is more likely to be involved in producing psychotic symptoms? **

- a. Heroin
- b. Amphetamine
- c. Morphine
- d. Cannabis
- e. Alcohol

Answer: b

045. Which of the following disorders is associated with highest rate of suicide? *

- a. Dissociative disorder
- b. Schizophrenia
- c. Dementia
- d. Major depression
- e. Delusional disorder

Answer: d

046. Which of the following statements is true regarding doctor-patient relationship? ***

- a. Paternalistic attitude toward patients is acceptable in practice
- b. Doctors should concentrate on patients' disease not on emotional problems
- c. In a good relationship the patients have an active role to play
- d. The relationship does not affect the course of the health problem
- e. Communicating test results to patients is not important if they are normal

Answer: c

047. Delusions occur in all the following conditions, EXCEPT?

- a. Schizophrenia
- b. Substance use disorder
- c. Dementia
- d. Obsessive compulsive disorder
- e. Depression

Answer: d

048. In the diagnosis of depression, to consider weight loss significant it should be: ****
- a. Loss of 10% or more of body weight in the past 6 months
 - b. Loss of any amount
 - c. Loss of 5% of body weight in the past 2 weeks
 - d. Loss of 10% of body weight in past year
 - e. Loss of 5% or more of body weight in the past month

Answer: e

049. Which of the following is true about bipolar mood disorder? ***
- a. Has strong genetic basis
 - b. Affects only the middle aged
 - c. Has good prognosis
 - d. Treated by cognitive therapy
 - e. Lifetime risk is about 7%

Answer: a

050. Which of the following is true about Illusions? *
- a. It is always pathological
 - b. It is misinterpretation of normal perception
 - c. It is feeling unreal self under anxiety
 - d. It affects vision and hearing only
 - e. It is the same as delusional perception

Answer: b

051. Which of the following psychopathologies represents a disorder of thought? *
- a. Delusions
 - b. Thought echo
 - c. Conversion
 - d. Depersonalization
 - e. Hallucinations

Answer: a

052. Cognitive Behavior therapy is effective in all the following conditions, EXCEPT?
- a. Depressive disorder
 - b. Panic disorder
 - c. Catatonic schizophrenia
 - d. Posttraumatic stress disorder
 - e. Social anxiety disorder

Answer: c

053. Which of the following medications is relatively safe to use in calming psychotic agitated patients? **

- a. Phenobarbital
- b. Lithium carbonate
- c. Citalopram
- d. Haloperidol
- e. Clomipramine

Answer: d

054. All the following indicate seriousness of suicidal attempt, EXCEPT? *

- a. Writing suicidal note.
- b. Angry for being saved.
- c. Previous attempts.
- d. Precautions for late discovery.
- e. Being a middle-aged school teacher.

Answer: e

055. A male adult says: I hear my neighbor calling me "you are not good"; this is an example of? *

- a. Auditory hallucination
- b. Obsessional symptom
- c. Perseveration
- d. Thought echo
- e. Auditory illusion

Answer: a

056. Unconscious psychological mechanisms play a role in all the following conditions, EXCEPT? ***

- a. Somatization
- b. Hypochondriasis
- c. Munchhausen syndrome
- d. Schizophrenia
- e. Dissociative symptoms

Answer: c

057. Which of the following statements regarding depression is CORRECT? *

- a. Depression affects 1% of the population.
- b. Depression is a common cause of disability.
- c. Depression is a sign of weakness of the person.
- d. Depression is caused by decrease in acetylcholine.
- e. Depression affects the young more than the elderly population.

Answer: b

058. Reversible causes of dementia include all of the following conditions, EXCEPT? **

- a. Alcohol induced
- b. Benign brain tumor

- c. Hypothyroidism
- d. Nutritional deficiency
- e. Vascular dementia

Answer: e

059. Which of the following increases the risk for suicide? **

- a. Employment
- b. Marriage
- c. Female sex
- d. Family history
- e. Young age

Answer: d

060. Which of the following occurs in REM sleep? **

- a. Night terror
- b. Nocturnal Enuresis
- c. Drop in respiration
- d. Decrease in blood pressure
- e. Increase muscle tone

Answer: b

061. According to the DSM all of the following are impulse control disorders, EXCEPT? *

- a. Conversion disorder
- b. Trichotillomania
- c. Kleptomania
- d. Intermittent explosive disorder
- e. Pathological gambling

Answer: a

062. When asked about his level of education, a 45-year-old man with a history of schizophrenia described his high school background, friends he had at the time, clubs he joined, and his high school graduation. He concluded by saying, "And that was the end of my schooling." His answers demonstrate which of the following? **

- a. Flight of ideas
- b. Pressured speech
- c. Circumstantiality
- d. Perseveration
- e. Labile mood

Answer: c

063. A 60-year-old man is admitted to the psychiatric unit for having suicidal ideas. He is severely depressed, and not complying with medications. He says, "nothing will change anyway," he also stopped eating and drinking and has become dehydrated. Which of the following is most effective therapy? *
- Administer ECT.
 - Persuade him to take antidepressant medication.
 - Force parenteral fluids.
 - Use psychotherapy.
 - Allow time for the patient to change his mind.

Answer: a

064. Olfactory hallucinations are defined as? *
- Increase in perceptual ability.
 - Abnormal thought process.
 - A perception without stimulus.
 - A delusional disorder.
 - Misinterpretation of perception.

Answer: c

065. Regarding Childhood Autism, which of the following statements is CORRECT? **
- Prognosis depends on language development.
 - White race is not affected.
 - Does not affect children in upper social class.
 - Hyperbaric oxygen therapy is the treatment of choice.
 - Vaccines have been approved as a major cause of autism.

Answer: a

066. Panic attacks can occur in all of the following conditions, EXCEPT? *
- Obsessive compulsive disorder
 - Generalized anxiety disorder
 - Somatoform disorder
 - Delirium tremens
 - Damage to the temporal lobe

Answer: d

067. Acutely suicidal patient presented to the ER, Tx --- ECT

068. m.c.c. of overdose death --- Heroin (opiates)

069. Schizoid personality --- Solitary activities

070. True about depression --- low dopamine

071. Anorexia disorder: usually presented with:

- **General weakness**

- vomiting

072. Common feature in malingering and factitious disorders:

- **Patients are conscious about the reasons behind their disorders**
- Secondary gain (primary gain in factitious disorders -> medical attention)

073. intentionally produced symptoms --- Munchausen syndrome.

074. Munchausen syndrome is --- A factitious disorder

075. True about conversion disorder* --- functional neurological disorder (neurologic symptoms)

076. ASD --- fixation in skills development

077. Best describes delusions --- fixed false belief that doesn't fit with culture or religion

078. True about psychiatry --- most present with physical symptoms

079. True about anxiety --- is a factor for poor physical health

080. True about depression --- 10% commit suicide

081. Patient with depression, started on fluoxetine, developed aggressiveness, talkativeness, and irritation --- bipolar disorder

082. 60 years developed decreased level of consciousness, confusion of 2 days after taking diazepam --- delirium

083. Dry hands of 4 months from excessive washing due to fear from germs, she's aware of the problem --- OCD

084. Treatment of acute dystonia --- procyclidine IV

085. True about factitious disorder --- absence of obvious external reward

086. Drug of choice for an aggressive patient --- haloperidol IM

087. Best way of managing an aggressive patient --- reassure the patient and tell him you are going to help him

088. Not in ADHD --- aggressiveness

089. Indicative of autism --- regression

090. True about schizophrenia --- a psychotic disorder of young age

091. True about sexual disorder --- dyspareunia is pain on and after intercourse

092. A paraphilia --- voyeurism

093. Wrong about conduct disorder --- well-adjusted at school

094. True about personality disorder --- usually remit after 40

095. Risk of schizophrenia in child of schizophrenic mother --- 12%

096. An impulsive control disorder --- shoplifting

097. Wrong about impulsive disorder --- diffuse typical EEG change

098. Wrong about substance abuse --- good prognosis for abuser

099. Not a personality disorder --- depression

100. True about REM --- dreaming happens in it

101. True about delirium --- due to brain physiological defect AND can present with hallucinations

102. Agoraphobia --- fear of being in place difficult to escape from
103. Fears giving a seminar and being criticized --- social anxiety
104. Not in mental state exam --- physical exam
105. In psychiatric history --- developmental history
106. Autism is diagnosed at --- before 3 years
107. Arrested for driving under influence, takes alcohol often, has family problems from drinking, no withdrawal --- alcohol abuse
108. Characteristic of schizophrenia --- auditory hallucinations
109. Complex visual hallucinations indicate --- organic disease
110. Suggest psychological cause of symptoms --- affects multiple systems
111. About patient doctor relationship --- doctor should nourish a patient-centered relationship
112. True about bipolar disorder --- mood stabilizers are effective treatment
113. Cause of reversible dementia --- normal pressure hydrocephalus
114. True about suicide --- increased in ages 15-24
115. Wrong about phobia --- fear is proportional to stimulus

Second Section

116. one of the following is Antidepressant --- citalopram
117. one of the following is antipsychotic --- Olanzapine
118. claustrophobia --- fear of closed places
119. patient has SOB, chest pain when he is university and prefer not to leave the home --- agoraphobia
120. one of the following leads to pupil constriction --- Heroin
121. one of the following is commoner in men:
 - a. depression
 - b. suicide
 - c. anxiety
122. Premature ejaculation:
 - a. Treated by SSRI
 - b. More in females
 - c. No treatment
123. one of the following is more common in females:
 - a. depression
 - b. suicide
 - c. schizophrenia

Answer: b

Answer: a

Answer: a

124. Abnormality of which system mostly associated with schizophrenia? --- Dopaminergic

125. Which of the following is a reversible dementia? --- Alcohol induced

126. one of the following is cluster A personality disorder:

- a. schizoid
- b. histrionic
- c. borderline
- d. Narcissistic

Answer: a

127. all go with serious intention of suicide except:

- a. angry for being saved
- b. male gender
- c. being a teacher
- d. wrote a will
- e. use firearm

Answer: c

128. ADHD, True --- decrease dopamine

129. ADHD in a child is not associated with:

- a. Conduct disorder
- b. Antisocial personality disorder
- c. Oppositional defiant disorder
- d. Learning disabilities

Answer: b

130. absolute contraindication of ECT --- brain tumor

131. used in alcohol detoxification --- diazepam

132. true about multi-axis --- axis one-clinical mental disorders

133. good prognostic factor in schizophrenia:

- a. family history
- b. late onset

Answer: b

134. shared feature between all personality disorders:

- a. Extensively deviated from norms
- b. Occur at age of 20 years
- c. tend to improve after 25
- d. no or slight effect on function

Answer: a

135. a 70-year-old man brought to you by his family because of dementia of 6 months duration. He has controlled hypertension, otherwise no health problems. What is next step?

- a. start him on anti-dementia drug
- b. refer him to geriatric psychiatric office
- c. search for reversible causes
- d. reassure the family that this is normal for his age

Answer: c

136. Antipsychotic that's most likely to cause metabolic syndrome:

- a. Clozapine
- b. Quetiapine
- c. Aripiprazole
- d. Haloperidol
- e. Risperidone

Answer: a

137. True about dementia:

- a. Partial irreversible loss of cognition
- b. Lewy body is reversible in early stages
- c. Senile plaques amount is indicative of severity
- d. Multi-infarcts in young age

Answer: d

138. Side effect of SSRI --- G.I disturbances

139. a 19-year-old female patient with disturbed body image, amenorrhea and BMI below normal by 20%.
anorexia nervosa

140. true about bulimia nervosa:

- a. self-evaluation is influenced by body image
- b. no relation with substance abuse
- c. BMI above normal
- d. something about psychosis

Answer: a

141. decreased serotonin is a mechanism of one of following:

- a. OCD
- b. schizophrenia
- c. drug abuse

Answer: a

142. True about schizophrenia:

- a. It's a psychotic disorder of middle-aged people
- b. It's a psychotic disorder that's waxing and waning
- c. Associated with decreased serotonin

Answer: b

143. a 12-year-old child with deterioration in his school performance after moving with his family to another house. On examination he has low anxiety (or something like that). What is the most likely diagnosis?
- adjustment disorder
 - social anxiety disorder

Answer: a

144. true about enuresis:
- more common in females
 - behavioral therapy is the mainstay of treatment

Answer: b

145. A question that describes a 6-year-old who is inattentive, always fidgeting, not compliant to teacher and schoolwork. Most likely diagnosis:

ADHD

146. About sleep in depressed patients, what is true:
- Decreased REM latency
 - Early insomnia
 - Decreased second stage NREM
 - Increased fourth stage NREM
 - no dreams

Answer: a

147. Dyspareunia:
- Painful intercourse
 - Masturbation

Answer: a

148. The first choice of treatment for extrapyramidal side effects --- Benzhexol

149. Withdrawal of which causes life threatening disorder:
- Alcohol
 - Citalopram

Answer: a

150. Not associated with narcolepsy?
- Cataplexy
 - Sleep paralysis
 - Night seizures
 - Irresistible attacks of sleep

Answer: c

151. 25-year-old with schizophrenia on medication, came to ER complaining of stiff joints, moving like a robot, difficulty moving, tongue protruding out of mouth, what's the diagnosis:

- a. Acute catatonic psychosis
- b. Drug induced dystonia

Answer: b

152. All of following are wrong about anxiety disorders except:

- a. anxiety is a risk factor for decreased performance
- b. it is not a risk factor for suicide

Answer: a

153. College student, hearing voices for the past six months, spends his time in his room, doubts his friends talking about him behind his back:

Schizophrenia

154. true about lithium:

- a. large therapeutic range
- b. can cause goiter on long treatment
- c. effective as mood stabilizer

Answer: c

155. Most common presentation in depression:

- a. Decreased appetite
- b. physical symptoms
- c. suicidal attempts

Answer: b

156. What's most characteristic for Delirium:

- a. Disorientation
- b. Hallucinations
- c. Delusions

Answer: a

157. One of the following is not a side effect of antipsychotics:

- a. Diarrhea
- b. Akathisia

Answer: a

158. Case of a guy who obviously took some substance, his respiration is depressed and has perioral cyanosis, his color is blue, on physical examination there is no marks on his arms. What is the substance he took?

- a. Amphetamine
- b. Cocaine

- c. Benzodiazepine
- d. Heroin

Answer: c

159. One of the following is more likely to cause abnormal movements of the hand and face:
- a. Olanzapine
 - b. Clozapine
 - c. Haloperidol
 - d. (All the other choices were atypical antipsychotics)

Answer: c

160. 1ry delusions:
- a. can happen in normal people
 - b. disorder of perception
 - c. delusional perception

Answer: c

161. Not essentially pathological:
- a. delusional perception
 - b. Deja vu
 - c. jamais vu
 - d. hypnopompic hallucination

Answer: a

162. Tactile hallucination --- cocaine

163. A girl who is obsessed of her hands being contaminated and she washes her hands a lot, the best treatment for her is:
- a. exposure and response prevention
 - b. systemic desensitization
 - c. psychotherapy
 - d. aversion therapy

Answer: a

164. A 25-year-old guy was out to party till 4:00 am when his friends took him to the ER. He vomited before reaching the ER once, he's euphoric and agitated. His respiration is slow and noisy. What is the safest drug to give?
- a. Diazepam
 - b. Imipramine
 - c. Haloperidol

Answer: c

165. Cocaine abstinence, what is wrong?

- a. hypervigilance
- b. increase sleep
- c. increase appetite
- d. cardiovascular collapse

Answer: d

166. A person who sees green ghosts after listening to classic music

- a. reflex hallucination
- b. visual hallucination

Answer: a

167. A patient who imitates everything the doctor do?

- a. Echopraxia
- b. Echolalia

Answer: a

168. In schizophrenia which areas get atrophied

- a. limbic and temporal area
- b. frontal and temporal

Answer: a

169. Lithium toxicity all true except

- a. Nystagmus
- b. Level 0.8 meq/L
- c. Tremor
- d. Nausea

Answer: b

170. What neurotransmitters are involved in pathology and treatment of schizophrenia
dopamine and serotonin

171. Case of a woman 65 years old. her older sister has dementia. She develops personality changes and forgetfulness. on examination she has rest tremor, bradykinesia, and rigidity. CT with and without contrast showed frontal atrophy. The most likely diagnosis is:

- a. Lewy body dementia
- b. Alzheimer's

Answer: a

172. Patient with depression and was prescribed amitriptyline but didn't work. then after 2 weeks developed pyrexia and hypotension, there was arrhythmias and QT interval was prolonged which drug is most likely to be found in her serum?

- a. SSRI

- b. TCA
- c. Valproate
- d. LI

Answer: b

173. Which of the following drugs causes depression:

- a. Methyl dopa
- b. Procyclidine
- c. Flupentixol

Answer: a

174. Which of the following is an absolute contraindication to ECT:

- a. Recent MI
- b. Pregnancy
- c. Old

Answer: a

175. A person who sees himself in front of him and hears him talking to him?

- a. Autoscopie hallucination
- b. extracampine hallucination

Answer: a

176. Which of these are associated with disorientation to place

- a. severe anxiety
- b. Wernicke encephalopathy
- c. Korsakoff syndrome

Answer: b

177. A case of mutism and immobility though the patient appears awake and alert

- a. stupor
- b. twilight state

Answer: a

178. About personality disorders which is wrong? --- Schizoid is distressed by being alone

179. Case of 65 yo male with somatization, agitation, and severe nihilistic delusions --- Melancholic depression

180. Which of the following is associated with a good prognosis in schizophrenia?

- a. Positive Family history
- b. negative symptoms
- c. Prominent affective symptoms
- d. insidious onset

Answer: c

181. A married woman that she will be given lithium. which test is not important:

- a. pregnancy test
- b. LFT
- c. ECG
- d. TFT
- e. urea and creatinine

Answer: b

182. Reversible cause of dementia:

- a. Hypothyroidism
- b. Pick's disease
- c. Lewy Body dementia
- d. Alzheimer

Answer: a

183. All true regarding insight except:

- a. Patient agrees with everything the doctor says
- b. Patient knows he has disease
- c. Patient accepts that he has to take treatments for his condition
- d. Patient knows his illness might be due to psychiatric disorder

Answer: a

184. About Mental retardation are all true except:

- a. slow learning
- b. slow movement
- c. Adaptation to society

Answer: c

185. What differentiates Conversion disorders and Hypochondriasis:

- a. Presence of physical signs
- b. Identical premorbid personality
- c. Hypochondriasis more chronic

Answer: a

186. An old lady diagnosed with Alzheimer, she lately changed a lot and she stopped recognizing her family, she had visual hallucination, she had UTI and her WBC was 25k what is the most likely diagnosis:

- a. delirium
- b. sepsis
- c. meningitis

Answer: a

187. A person who was intoxicated with alcohol and had many symptoms of intoxication, after treatment with benzodiazepine he had confusion, nystagmus, and anterograde amnesia:

- a. Wernicke-Korsakoff syndrome
- b. Korsakoff psychosis
- c. Wernicke encephalopathy

Answer: a

188. About amnesic disorders which is true:

- a. Memory impairment and disorientation
- b. Memory impairment and visual hallucination
- c. Memory impairment and confabulations

Answer: a

189. A patient that drinks alcohol after work, few times every week, he got fired from a job due to alcohol use and his relationships are distorted. question mentioned that he does not have withdrawal symptoms. Best that describes his use of alcohol is:

- a. Alcohol intoxication
- b. Alcohol dependence
- c. Alcohol abuse

Answer: c

190. Patient, fatigue & tired..., any of the following diagnosis can be excluded:

- a. Hyperthyroidism
- b. pancreatic cancer
- c. dementia
- d. somatization

Answer: a?

191. What is true about preservation:

- a. repetitive thoughts in inappropriate situations??
- b. indicate organic disease
- c. characteristic of OCD

answer: b

192. A person with 2-month Hx of delusional thinking, his wife confirmed the symptoms, and he says that his coworkers took some raises what is the most likely diagnosis?

schizophreniform

193. All of the following indicates organic cause of dementia except:

- a. Family history of psychiatric diseases
- b. Onset 2 days
- c. >65 years old

Answer: a

194. 17-year-old m in the last 2 months he lost interests in his studies, he started to fight with his parents, and he had frequent headaches what is the most likely diagnosis:
- depression
 - oppositional defiant disorder

Answer: a

195. Which substance withdrawal doesn't cause seizures?
- alcohol
 - Carbamazepine
 - Haloperidol
 - Barbiturates
 - BDZ

Answer: c

196. Anxiety causes all of the following except:
- Hypoventilation
 - Diarrhea
 - Constipation
 - Sighing

Answer: a

197. A patient came to you after taking a substance, he felt very hungry eats every 10 minutes, his eyes are injected, HR 120, BP 180/100:
- marijuana
 - opiate
 - heroin
 - cocaine
 - amphetamine

Answer: a

198. What is a must to diagnose type 1 bipolar disorder --- at least one episode of mania

199. About obsession, what is true --- the patient resists it & don't like it

200. 65 years old male, severely depressed and he refuses to eat and drink the most appropriate management is:
- ECT
 - Intensive antidepressant therapy
 - Restrain and give him IV fluids

Answer: a

201. A person who feels himself has changed and he is unreal from 2 months, and he can't specify what is the change

- a. depersonalization
- b. autocanthus hallucination

Answer: a

202. A case of a person with delusion and hallucination, which disease we can rule out --- delusional disorders

203. Which of the following drugs doesn't cause hallucinations?

- a. cocaine
- b. Benzhexol
- c. Amphetamine
- d. Diazepam
- e. LCD

Answer: d

204. Which of the following is not a characteristic of alcohol dependency:

- a- Blackouts
- b- Morning tremor
- c- Obsessive for drinking
- d- Relief drinking
- e- Drinks in daily basis and during daytime

Answer: e

205. Which of the following is not found in major depressive disorder:

- a- Feeling of worthlessness
- b- Guilt feeling
- c- Attention seeking behavior
- d- Suicidal ideation

Answer: c

206. Which of the following is an example of atypical antipsychotic --- Clozapine

207. Which of the following is not a characteristic of ADHD:

- a- Impulsivity
- b- Increased concentration
- c- Inability to pay attention
- d- Inability to complete a task

Answer: b

208. Which of the following is not a paraphilia:

- a- Pedophilia
- b- Vaginismus
- c- Sadism
- d- Voyeurism

Answer: b

209. Which of the following is a characteristic of schizophrenia:

- a- Mood symptoms
- b- Thought echo
- c- Second person hallucinations

Answer: b

210. Conversion is classified under:

- a. Factitious disorders
- b. Anxiety disorders
- c. Somatoform disorders
- d. Malingering

Answer: c

211. Which of the following is not a feature of anorexia nervosa:

- a. Loss of appetite
- b. Decrease weight more than 15% of ideal
- c. Binge eating bouts
- d. Excessive concern about body image

Answer: a

212. Which of the following causes irreversible dementia: *

- a. Alzheimer's disease
- b. Wilson's disease
- c. Dementia associated with alcoholism

Answer: a

213. Which is not found in mild depression --- Guilt feeling

214. All the following are true regarding enuresis, except:

- a. Abnormal if occurs & continues after age of 3
- b. Higher risk in boys than girls
- c. Bells & pads are used for treatment
- d. Charts are helpful for behavioral therapy

Answer: a

215. All the followings are true for depression, except:

- a. Recurrent
- b. Never occurs before 12 years
- c. Associated with high rate of suicide
- d. Very common
- e. Cognitive behavioral therapy is helpful

Answer: b

216. All of the following may occur after ECT except:

- a. Amenorrhea
- b. Weight gain
- c. Headache
- d. Insomnia
- e. Amnesia

Answer: a

217. All the following are mood stabilizers except: *

- a. Lamotrigine
- b. Fluoxetine
- c. Carbamazepine
- d. valproate
- e. Lithium

Answer: b

218. All of the followings are types of somatoform disorders, except:

- a. Body dysmorphic disorder
- b. Hypochondriasis
- c. Social phobia
- d. Somatization

Answer: c

219. All of the followings are true regarding conversion except: *

- a. Patient is often described as immature
- b. Leads finally to dementia
- c. Patient lacks concern about his illness
- d. Patient seeks attention
- e. Gain is important

Answer: b

220. The following are risk factor for suicide, except:

- a. Old age
- b. Young female
- c. Unemployment
- d. Divorce
- e. Drug abuse

Answer: b

221. One of the following statements is true regarding chronic opioid dependence, except:

- a. constipation
- b. Sexual dysfunction
- c. Malaise
- d. Mydriasis
- e. Tremor

Answer: d

222. Regarding tetrahydrocannabinol (THC), all are true except:

- a. Active component of cannabis
- b. Cannot be detected in the blood
- c. Causes heightened awareness of sensation
- d. Impaired judgment

Answer: c

223. Which of the following is true about ADHD?

- a. More common in boys
- b. 20% point prevalence in children
- c. Girls are more commonly brought to medical attention
- d. Impaired attention is a cardinal sign
- e. CNS stimulant are the treatment of choice

Answer: a

224. All of the following are not distinguishing in the primary diagnosis of schizophrenia, except?

- a. Visual hallucination
- b. Thought echo
- c. Deja vu
- d. Clouding of consciousness
- e. Twilight

Answer: d

225. All of the followings are more common in women except:

- a. Phobia
- b. Alcohol
- c. Anorexia
- d. Deliberate self-harm

Answer: b

226. ECT is used in all of them except:

- a. Phobia
- b. Severe depression
- c. Mania

d. Antisocial personality

Answer: a

227. Which is false about antisocial personality?

- a. Occur more in inner cities than rural
- b. Age 20-25 year
- c. Remission may occur after mid age
- d. Associated with substance abuse and alcohol

Answer: b

228. In premenstrual syndrome, all are true except:

- a. Para suicide
- b. Academic performance increase
- c. Psychiatric admission
- d. Deliberate self-harm

Answer: b

229. Phobia, which is false?

- a. More common in men
- b. Avoid anti behavior
- c. Involuntary
- d. Certain situation
- e. Out of proportion

Answer: a

230. Delirium tremens (DTs):

- a. 5% mortality rate
- b. Must be admitted to psychiatric clinic
- c. The nurse must take good care
- d. Pyrexia
- e. Lightened room

Answer: d

231. Which of the following is a feature of obsessive personality disorder?

- a. Carelessness
- b. Decisiveness
- c. Punctuality
- d. Attention seeking
- e. Functionality

Answer: c

232. Which of the following is a diagnostic difference between schizophrenia & schizophreniform disorder?
> 6 months

233. Which is a primary symptom of bulimia?
- a. Anorexia
 - b. Lack of concern about body image
 - c. Binge eating
 - d. Fasting

Answer: c

234. Pharmacological treatment is particularly useful in which of the following?

- a. Conduct disorder
- b. School phobia
- c. Separation anxiety
- d. ADHD
- e. Mental retardation

Answer: d

235. A person who cries one minute and laughs the next one has:

- a. Labile affect
- b. Blunted affect
- c. Euphoria
- d. Dysphoria
- e. Dysthymia

Answer: a

236. Which of the following characterizes the fear of phobia?

- a. Non-specific
- b. Rational
- c. Explainable
- d. Accentuated by avoidance of response

Answer: d

237. The most common cause of dementia in the age group > 65 is:

- a. Picks disease
- b. Huntington
- c. Vascular
- d. Alzheimer
- e. CJD

Answer: d

238. Generalized anxiety disorder is best treated by which of the following medications?

- a. Diazepam for months
- b. Lorazepam for months
- c. Buspirone
- d. Lithium Carbonate

Answer: c

239. Mania, all true except:

- a. Persecutory delusions
- b. Grandiose delusions
- c. Nihilistic delusions

Answer: c

240. Circumstantiality is a disorder of:

- a. Emotion
- b. Memory
- c. Thinking
- d. Personality
- e. Adjustment

Answer: c

241. One of the following is true about mental retardation: *

- a. IQ: 90-110
- b. Dx: >18 year
- c. Can be treated by medication
- d. Mild to moderate (MR) improves with psychotherapy
- e. Common feature is hallucination

Answer: d?

242. Cocaine, all true except: *

- a. Common method of intake is nasal inhalation
- b. Crack is the smoked form
- c. Causes paranoid delusions
- d. Causes fomization
- e. Rapid development of tolerance

Answer: c

243. Mania, all true except: ***

- a. Increased risk of suicide
- b. Hypermnesia
- c. Hypochondriasis
- d. Irritability

e. Pressure thinking

Answer: c

244. All are true about alcohol dependence except:

- a. Stereotyped drinking
- b. Compulsive drinking
- c. Memory blackout
- d. Return to drinking after abstinence

Answer: c

245. Bizarre delusions are characteristic of --- Schizophrenia

246. All are conversion disorder except:

- a. Aphonia
- b. Blindness that is responsive to psychotherapy
- c. Paraplegia
- d. Catatonic stupor

Answer: d

247. All are false about ADHD except:

- a. Impulsivity and hypoactivity
- b. Decreased attention span and distractibility
- c. Treatment started before the age of 4
- d. Treated with benzodiazepines

Answer: b

248. Negative symptom of schizophrenia:

- a. Flight of ideas
- b. Passivity phenomena
- c. Persecutory delusions
- d. Blunt mood

Answer: d

249. One of the following is considered hallucination:

A stranger is talking to you, but you are not seeing him telling you orders

250. Not a diagnostic feature of anorexia nervosa:

- a. Body weight less than the ideal body weight by 25%
- b. Anorexia
- c. Overvalued ideas of being fat

Answer: c

251. One of the following is true about the treatment of depression:

- a. SSRIs are superior over ECT in the treatment of severe depression
- b. Lithium is better than TCAs in the treatment of bipolar depression
- c. ECT is dangerous for elderly

Answer: b

252. Antisocial personality one is true:

- a. It is associated with conduct disorders in children
- b. They respect the law
- c. They care for the people they harm

Answer: a

253. Not a feature of bipolar:

- a. thought echo
- b. over talkative
- c. hypersexuality

Answer: a

254. all indicate depression except:

- a. Fatigue
- b. Decreased concentration
- c. Though echo

Answer: c

255. One direct the diagnosis toward schizophrenia:

- a. Visual hallucination
- b. Though echo
- c. Confusion

Answer: b

256. All are risk factor for suicide except:

- a. Male
- b. Personality disorder
- c. War situations
- d. An elderly living alone

Answer: c

257. All are associated with narcotic abuse except:

- a. Mydriasis
- b. Respiratory depression
- c. Constipation
- d. Tremor

Answer: a

258. Which's the best treatment for resistant schizophrenia --- Clozapine

259. Which's not associated with poor prognosis in schizophrenia?

- a. Predominant +ve symptoms
- b. Affective symptoms
- c. Family Hx

Answer: b

260. All are delusions associated with depression except:

- a. Poverty
- b. Nihilistic
- c. Guilt
- d. Worthlessness
- e. Insertion of thought

Answer: e

261. All are true about obsessive compulsive disorder except:

- a. Compulsion causes pleasure
- b. Insertion of thought

Answer: b

262. Which's wrong about panic attacks --- Long term treatment with benzodiazepines

263. Which's wrong about post-traumatic stress disorders?

- a. Mostly resolves within 2 weeks
- b. More in children
- c. Develops in most people experiencing the disaster

Answer: c

264. Which's true about nocturnal enuresis --- More in males

265. Which's wrong about antisocial personality?

- a. Craving for constant attention
- b. No respect to rules
- c. No respect to other's
- d. Looks for pleasure regardless of cost

Answer: a

266. Which's wrong about anorexia nervosa?

- a. Afraid to do exercise
- b. Hide food

Answer: a

267. A patient with somatization disorder, which is wrong?

- a. Complains of pain
- b. Menstrual problems.
- c. May lead to drug addiction.
- d. refuses surgery

Answer: d

268. Which of the following is not a sexual dysfunction?

- a. Vaginismus.
- b. Pedophilia.
- c. Dyspareunia
- d. Impotence.
- e. Dysorgasmia.

Answer: b

269. 63-year-old female became careless to her family and herself, the most likely diagnosis is:

- a. Dementia.
- b. Depression.
- c. Delirium.

Answer: b

270. What is wrong about agoraphobia?

- a. Patient is afraid there is no exit.
- b. He doesn't travel.
- c. Worsened by MOA.
- d. Commonly associated with depression

Answer: c

271. Which is not a feature of major depression?

- a. Initial insomnia.
- b. Loss of libido.
- c. Anorexia.
- d. Anhedonia.

Answer: a

272. Which personality disorder causes no trust in others?

- a. Paranoid.
- b. Borderline.
- c. Antisocial.
- d. Schizoid.

Answer: a

273. All are at high risk for suicide except: **

- a. Female.
- b. Drug abuse.
- c. Antisocial personality.
- d. Single or divorced.

Answer: a

274. Which one of the following is the most common cause of suicide? --- Drug addiction. (Depression and alcoholism weren't mentioned)

275. Female patient admitted with pneumonia one day later she developed confusion, visual hallucinations, her condition worsened at night. The most likely diagnosis is:

- a. Delirium.
- b. Dementia.
- c. Acute encephalitis.

Answer: a

276. Which is true about conversion disorder?

- a. Has a chronic course.
- b. Usually, it resolves when the conflict resolve.
- c. Patient has multiple symptoms

Answer: b

277. Which is wrong about somatization disorder?

- a. Patient usually complains about one symptom.
- b. Previously called hysteria.

Answer: a

278. All are side effects of antidepressant except:

- a. Diarrhea.
- b. Dry mouth.
- c. Cardiac arrhythmia.
- d. Urinary retention.

Answer: a

279. Chlorpromazine acts against which neurotransmitter?

- a. 5-HT.
- b. Dopamine.
- c. Glutamine.

Answer: b

280. Which is best drug for resistant schizophrenia --- Clozapine.

281. Antisocial personality is characterized by all of the following except:

- a. low tolerance for frustration.
- b. lack of response to punishment.
- c. marked capacity for guilt feeling.
- d. pursuit for of certain pleasure at any cost.
- e. disregard for other people's feeling.

Answer: c

282. A feature of thinking characterized by changing the subject to another theme and then coming back to the first subject is called: *

- a. flight of ideas.
- b. loose association.
- c. disjoined thinking.
- d. derailment.
- e. circumstantiality.

Answer: e

283. Which of the following conditions carries the highest risk of suicide?

- a. mania.
- b. schizophrenia
- c. terminal disease.
- d. alcoholism.
- e. chronic social phobia.

Answer: d

284. Tardive dyskinesia occurs more frequently in one of the following:

- a. middle aged women on phenothiazine
- b. middle aged men on phenothiazine
- c. young people on haloperidol
- d. old people on imipramine
- e. patients who use multiple psychotic drugs regardless of their age or sex

Answer: e

285. Hypochondriasis has all of the following features except:

- a. patient is difficult to reassure
- b. history of using many drugs
- c. excessive demand for tests
- d. the physical complaints reduce the patient's anxiety by replacement
- e. various complaints are usually unrelated

Answer: d

286. Dysthymic disorder is commonly associated with all the following except:

- a. chronic fatigue
- b. loss of self esteem
- c. fluctuating course
- d. duration less than one year
- e. irritability

Answer: d

287. The course of bipolar affective disorder is characterized by all of the following except:

- a. periods of normal functioning
- b. recurrent episodes
- c. development of formal thought disorder
- d. tendency to excessive drinking of alcohol in manic episodes
- e. lithium has a preventive value in most cases

Answer: c

288. One of the following antidepressants is most dangerous in overdose (equivalent quantity):

- a. Imipramine
- b. Amitriptyline

Answer: a?

289. All of the following drugs may produce a manic response except:

- a. steroids
- b. amphetamines
- c. Imipramine
- d. Thioridazine
- e. Amitriptyline

Answer: d

290. Panic attacks associated with agoraphobia are treated most effectively with:

- a. chlordiazepoxide
- b. diazepam
- c. flurazepam
- d. barbiturate
- e. Imipramine

Answer: e

291. The obsessive-compulsive patient who tries to resist carrying out the compulsion generally experiences:

- a. anxiety
- b. depressive mood
- c. headaches and chest discomfort

- d. dissociation of action from feelings
- e. ambivalence in the form of opposite feelings

Answer: a

292. The patient that thinks that she has cancer despite normal medical workups and reassurance is an example of:

- a. somatic delusion
- b. cancer phobia
- c. conversion disorder
- d. rigid personality
- e. none of the above

Answer: a

293. All are benzodiazepines except:

- a. Diazepam
- b. Pimozide
- c. Chlordiazepoxide
- d. Lorazepam
- e. Nitrazepam

Answer: b

294. In documenting the mental status examination all are reported except:

- a. Appearance
- b. Behavior
- c. Speech
- d. Sleep pattern
- e. Mood and affect

Answer: d

295. Which of the following is a neuroleptic drug?

- a. Thioridazine
- b. Amitriptyline
- c. Naloxone
- d. Triazolam
- e. Imipramine

Answer: a

296. All of the following are true regarding delirium except:

- a. clouding of consciousness
- b. abrupt onset and fluctuating course
- c. presence of organic cause
- d. incoherent speech

Answer: d

297. All of the following are forms of behavioral therapy except:

- a. systemic desensitization
- b. gradual exposure
- c. flooding
- d. counseling
- e. exposure with response prevention

Answer: d

298. All of the following are TCAs except:

- a. Imipramine
- b. Maprotiline
- c. Amitriptyline
- d. Clomipramine
- e. Doxepin

Answer: b

299. All of the following are complications of tardive dyskinesia except:

- a. Early complication of neuroleptic treatment
- b. gets worse on reducing the dose of neuroleptic
- c. Bucco-lingual-masticatory movements are the commonest
- d. choreoathetoid movement of the lower limbs can be found
- e. Temporary relief can be achieved by increasing the dose of neuroleptics

Answer: a

300. Which of the following is the least likely to cause hypertensive crisis when taken with MAO inhibitors?

- a. cheese
- b. liver
- c. fresh milk
- d. narcotics analgesia
- e. L-dopa

Answer: d

301. According to dopamine theory of schizophrenia, which of the following dopaminergic pathways is thought to be abnormal?

- a. Tuberoinfundibular pathway
- b. Mesolimbic pathway
- c. Nigrostriatal pathway

Answer: b

302. A patient believes reasonable doubt that his parents are talking about him when they are not, but actually talking about furnishing the flat. This phenomenon is best described as:
- a. delusion of reference
 - b. visual misinterpretation
 - c. auditory misinterpretation
 - d. loose association
 - e. cataplexy

Answer: c

303. Which of the following neuroleptics is a long acting drug?
- a. Thioridazine
 - b. Fluphenazine
 - c. chlorpromazine
 - d. Haloperidol

Answer: b?

304. All are false about obsessive thought except:
- a. characteristic of schizophrenia
 - b. more common in young males
 - c. It is a form of fear from death
 - d. It is a fear of going into open space

Answer: d

305. All are true about phobia except:
- a. Irrational fear
 - b. Leads to avoidance
 - c. specific anxiety
 - d. Response is out of proportion to stimulus
 - e. Can be reasoned out

Answer: e

306. Primary gain in conversion hysteria refers to:
- a. reduction of anxiety
 - b. gaining of attention of the family
 - c. Reduction of work responsibility

Answer: c

307. Drug dependence, abuse, clinical clonidine is indicated in: *
- a. Management of opiate dependence
 - b. Management of cannable abuse
 - c. Management of barbiturates dependence

- d. Management of alcohol dependence
- e. Management of amphetamine intoxication

Answer: a

308. All are true about disulfiram (Antabuse) therapy, except:

- a. Alters the action of aldehyde dehydrogenase
- b. Administration needs the cooperation of the patient
- c. Headache, N/V may be produced by the ingestion of even small amounts of alcohol
- d. Usually, it's good used against the patient's wish
- e. Disulfiram alters the conversion of acetaldehyde to acetate

Answer: e

309. All are signs and symptoms of alcohol withdrawal except: *

- a. bradycardia
- b. fever
- c. increased REM sleep

Answer: a

310. Characteristic symptoms of hypomania include all except

- a. pressure of speech
- b. disinhibition
- c. circumstantiality
- d. euphoria
- e. irritability

Answer: e?

311. An employee is known to be perfectionist, was promoted to a post with great responses but he consequently developed depression, his basic personality is most notably

- a. paranoid
- b. narcissistic
- c. schizoid
- d. obsessive
- e. hysterical

Answer: d

312. All predict good prognosis in schizophrenia except:

- a. Acute onset
- b. Precipitating factors
- c. Presence of affective and convulsion symptoms
- d. Negative family history of schizophrenia
- e. Apathy

Answer: e

313. All are true regarding malignant neuroleptic syndrome except:

- a. muscle rigidity
- b. hyperthermia
- c. unstable blood pressure
- d. typically responds to anti-hallucinogens
- e. Maybe fatal if not treated

Answer: d

314. Benzodiazepines have the following effects except:

- a. antipsychotic
- b. muscle relaxation
- c. anticonvulsant
- d. anxiolytic
- e. hypnotic

Answer: a

315. All are short term effects of Marijuana use except:

- a. Disinhibition
- b. intact perception
- c. mouth dryness
- d. markedly increased appetite

Answer: b

316. The mechanism of benzodiazepines action:

- a. enhancing GABA
- b. affects dopamine
- c. affects serotonin

Answer: a

317. One is not a side effect of phenothiazines:

- a. urinary frequency
- b. amenorrhea
- c. cholestatic jaundice
- d. tardive dyskinesia

Answer: a

318. One is not a symptom of schizophrenia --- Cognitive impairment

319. One is wrong about delirium --- usually irreversible

320. Definition of primary enuresis --- a child has no active control on micturition

321. 10 years alcoholic brought to ER by family, has restlessness, ataxia, nystagmus, Dx is:

- a. Korsakoff psychosis
- b. Wernicke's encephalitis

Answer: b

322. Mitral valve prolapse is associated with which psychiatric disorder --- panic attacks

323. Paranoid schizophrenia resembles effect produced by --- Both amphetamines, LSD

324. A common psychiatric disorder in children is --- ADHD

325. Projection is a defense mechanism seen in which personality --- Paranoid

326. School phobia --- separation anxiety

327. One is wrong about delirium --- more common in young people

328. The most helpful symptom to differentiate schizophrenia from delusion is --- fluctuation of level of consciousness

329. What is wrong about alcohol --- 50-80% is the toxic level in blood

330. Briquet's syndrome --- multiple somatic complaints without physical basis

331. All are correct about cocaine toxicity except --- causes hypothermia

332. All are correct about drug dependence except --- more in schizoid personality

333. All are indications for ECT except --- Agoraphobia

334. MAOIs takers should avoid food with --- tyramine

335. All can cause depression except --- LiCO_3

336. Schneider's criteria for schizophrenia except --- poverty of thoughts

337. Panic attacks are prevented by --- TCA, BDZ

338. Commonest cause of mental retardation --- chromosomal abnormality

339. One is incorrect about school phobia --- more common in girls than boys

340. All are indications of real intention of self harm except:

- a. writing a will
- b. suicidal thoughts
- c. anger when rescued
- d. recent marriage
- e. low self esteem

Answer: d

341. In the treatment of Parkinson all are beneficial except:

- a. anticholinergic
- b. dopaminergic
- c. choline esterase inhibitors

Answer: c

342. All are included in cognition test except:

- a. concentration
- b. orientation
- c. reasoning

d. motivation

Answer: d

343. All goes with dx of depression except --- flight of ideas
344. One is wrong about down syndrome --- has lower incidence of leukemia
345. One is not a feature of schizophrenia --- cloudiness of the level of consciousness
346. One is correct about anxiety disorder --- has genetic predisposition
347. One responds best to anticholinergics --- dystonia
348. Depression in elderly, all true except --- old people are more experienced so less susceptible to committing suicide
349. False about serotonin neurotransmitter --- its deficiency in substantia nigra causes Parkinson
350. Almost diagnostic of schizophrenia --- paranoid delusions
351. Not a type of delusion found in severe depression --- delusion of imposition
352. Not a characteristic of panic disorder --- usually arisen from a trigger
353. A bad prognostic factor in schizophrenia --- predominance of -ve symptoms
354. All are true about obsessions except:
- a. usually pleasing
 - b. can be resisted
 - c. may come in the form of impulse

Answer: a

355. Which will mostly support the dx of schizophrenia?
- a. depressed mood
 - b. grandiose delusion
 - c. feeling of being controlled by external powers
 - d. auditory hallucinations praising self

Answer: c

356. concerning OCD in children, which of the following is true:
- a. It's more common in children than adults
 - b. They don't resist it

Answer: b

357. A patient presented with abdominal cramps and muscle aches, was yawning and blowing his nose he has:
- a. Alcohol intoxication
 - b. Alcohol withdrawal
 - c. Opiate withdrawal
 - d. Cocaine

Answer: c

358. Most associated with school refusal:
- a. Secure attachment

- b. Parent discord
- c. Teenage males
- d. Strict rules in school
- e. $IQ < 45$

Answer: b

359. A male was caught by police masturbating outside a window, when asked he said for 3 months he has been watching a young girl inside, this is:

- a. pedophilia
- b. Voyeurism
- c. exhibitionism

Answer: b

360. About Munchhausen by proxy, all true except:

- a. type of malingering
- b. the parent has psychiatric problem

Answer: a

361. True about enuresis

- a. education/behavioral therapy is useful for management
- b. common in school girls

Answer: a

362. Someone claims that people in TV have been talking to him for months, this is a disorder of:

- a. thought content
- b. thought form
- c. perception

Answer: a

363. The person above has:

- a. delusion of reference
- b. visual illusions
- c. auditory hallucinations
- d. grandiose delusion

Answer: a

364. sudden loss of muscle tone due to stressful event this is known as:

- a. cataplexy
- b. catalepsy
- c. primary atonia

Answer: a

365. About suicide all true, EXCEPT:
- decrease rate in elderly
 - females have higher suicide attempts than males

Answer: a

366. A guy who works as a night guard, lives alone, has no friends but he's happy with it, he trusts the doctor:
- schizoid personality
 - schizoaffective
 - schizotypal personality

Answer: a

367. Which of the following is not associated with Suicide:
- increased dopamine
 - decreased serotonin
 - revenge from surrounding people
 - aggression to self?

Answer: a

368. all the following can decrease suicide rate except --- building more psychiatric hospitals

369. sleep in depression, all false except --- decreased REM latency

370. woman is worried about everything, diagnosis --- GAD

371. Her treatment:

- benzodiazepines
- SSRIs

Answer: a

372. what is causing side effect of antipsychotic --- D2 receptors in nigrostriatal pathway

373. Not a good prognostic sign for depression:

- alcohol abuse
- first sever episode of depression

Answer: a

374. OCD best treatment --- CBT

375. sleep disorder for 7 years, relieved by naps:

- narcolepsy
- cataplexy
- catalepsy
- hypersomnolence
- hyposomnolence

Answer: a

376. about abuse what is wrong --- poly-substance abuse is rare
377. lady stopped the benzodiazepine after watching TV show about its side effects and get back the anxiety symptoms, this is called:
- withdrawal
 - relapse
 - rebound
 - recurrence

Answer: a

378. about autism what is wrong --- parents are a cause of problem
379. serial 7s is for --- concentration
380. depression in primary care --- 60% presents as somatic symptoms
381. all go with serious intention for suicide except:
- happy for being saved
 - using violent methods
 - delaying his discovery
 - suicide letter

Answer: a

382. true about schizophrenia
- increased risk for suicide
 - more in males
 - age

Answer: a

383. a question about moderate mental retardation
- more than 50
 - most of them have fair living skills

Answer: b

384. Feeling that the surrounding environment is unreal --- derealization
385. Impulse control disorder --- Trichotillomania
386. Adjustment:
- Marked response to stress
 - normal response to stress
 - produce marked impairment

Answer: a

387. OCD --- Affect males and females equally
388. Most common cause of dementia --- Alzheimer's
389. Dementia, all true except* --- altered consciousness

390. Delirium, all are true except --- nocturnal improvement
391. Phobia --- avoidance
392. Anxiety, one true
- a. sudden drop in performance if more stimulation is added to previous high-level stress
 - b. relation between performance and stress is negative
 - c. taking anti anxiolytic in low stress pt will improve

Answer: c?

393. Munchausen disorder is a:
- a. factitious disorder
 - b. malingering

Answer: a

394. Conversion disorder, all are true except --- intentionally produced
395. Hypochondriasis, all are true except:
- a. affect males and females equally
 - b. more than one symptom in more than one organ that can't be explained by physical disease
 - c. preoccupation with having a serious disease

Answer: c

396. all about sexual impairment true is:
- a. premature ejaculation is a side effect of SSRIs
 - b. cimetidine doesn't cause erectile dysfunction
 - c. sexual function is best at mid 30's
 - d. erection is mediated by parasympathetic

Answer: d

397. which drug is ineffective in treating the negative symptoms of schizophrenia --- haloperidol
398. which drug is used in treatment of alcohol withdrawal --- diazepam
399. which drug is used to treat acute drug induced dystonia --- procyclidine
400. which drug is used for major depression --- fluoxetine
401. about social anxiety (or conduct) disorder CORRECT:
- a. shoplifting
 - b. low self esteem
 - c. no friends
 - d. M=F

Answer: a

402. about conduct disorder
- a. tantrum
 - b. stealing

c. sexual bad behavior

Answer: b

403. panic disorder, all except:

- a. re-experiencing
- b. fear of losing control
- c. paresthesia
- d. flushes

Answer: a

404. Flooding works best to treat:

- a. Agoraphobia
- b. Social phobia
- c. Specific phobia

Answer: a

405. PTSD, all except --- Low level of arousal

406. All are physical features of anorexic patients except:

- a. Peripheral edema
- b. Hyperthermia

Answer: b

407. Anorexia nervosa:

- a. lower incidence in high socioeconomic classes
- b. M:F 10:1
- c. constipation is common
- d. BMI < 17.5

Answer: c?

408. Premature ejaculation:

- a. Is a side effect of fluoxetine
- b. Can be treated by squeezing technique
- c. Behavioral therapy is not effective

Answer: b

409. All cause erectile dysfunction except:

- a. antipsychotics
- b. antidepressants
- c. Mumps
- d. Doxycycline
- e. Peyronie's disease

Answer: c

410. Which is used in treatment of anxiety --- Alprazolam
411. REM latency --- From falling asleep to 1st REM
412. All of the following occur during REM sleep except:
- Nightmares
 - Penile erection
 - low muscle tone
 - Jet lag
 - Enuresis

Answer: d

413. Which is true about sleep:
- Sleep walking in REM
 - Erection occurs in non-REM sleep
 - Non-REM has a restoration function
 - dreaming in non-REM

Answer: c

414. Which drug causes death in high doses --- Lithium
415. not criteria for schizophrenia
- delusions
 - hallucinations
 - illusions

Answer: c

416. not a risk for suicide
- female gender
 - unemployment
 - widow
 - unmarried

Answer: a

417. about enuresis wrong --- more in girls
418. not thought form disorders:
- thought broadcasting
 - neologism = New word formation
 - preservation = Persistent repetition of words or ideas.

Answer: a

419. all are schizophrenia subtypes except --- schizoaffective

420. folie a deux --- its shared psychotic disorder (for person in relationship with other both have the same delusional disorders)

421. Autism:

- a. delayed language development
- b. delayed social development
- c. $IQ < 70$
- d. mostly will develop seizure before adulthood

Answer: b?

422. ADHD, all except:

- a. Genetic factor
- b. All resolve at age 25

Answer: b

423. In patients who commit suicide, all except --- have high levels of serotonin in the brain

424. DSM-IV criteria for dx of mental retardation

- a. $IQ < 70$
- b. $IQ < 50$

Answer: a

425. school refusal causes except

- a. parent discord
- b. restrict disciplinary school rules
- c. patient has learning problem or learning difficulty
- d. separation anxiety
- e. insecure attachment

Answer: c

426. wrong about 6 year old boy psychotherapy

- a. use playing
- b. must see child alone in all cases

Answer: b

427. not primary used in psychiatry

- a. mental state exam
- b. developmental hx
- c. EEG

Answer: c

428. not indication for ECT

- a. mixed depression

- b. severe depression not responsive to medical ttt
- c. puerperal psychosis
- d. catatonia

Answer: a

429. not a personality disorder

- a. narcissistic
- b. paranoid
- c. aesthetic

Answer: c

430. about psycho education, wrong

- a. For the child and his family
- b. Explaining the diagnosis, the available help and prognosis
- c. Role of Media
- d. debriefing stressful events

Answer: d

431. about dynamic psychotherapy --- takes years ??

432. premorbid personality, we ask about all of the following except:

- a. family hx
- b. educational hx
- c. professional job
- d. mood
- e. moral values

Answer: e

433. there was a question about the elderly one is true:

- a. in elderly anxiety disorders are more common than depression
- b. parasuicide is more common than suicide

Answer: b?

434. not good prognosis in schizophrenia:

- a. associated with cognitive dysfunction
- b. acute onset
- c. female
- d. normal brain CT
- e. first degree with affective

Answer: a

435. not a bad prognostic in depression -not sure

- a. first episode of major depression
- b. association with a disease or an illness
- c. associated with Family Hx of bipolar

Answer: c?

436. wrong about dementia

- a. 20% over 65 yrs
- b. 5% over the 65
- c. 20% over 80
- d. all causes beyond 65yrs of age are irreversible

Answer: a

437. NT in schizophrenia --- dopamine

438. wrong about post partum psychosis

- a. 1:5000
- b. affective occurs in 80 %
- c. schizophrenic in 25%

Answer: a?

439. not method of psychotherapy

- a. parapsychological therapy
- b. counseling
- c. hypnosis
- d. parent teaching

Answer: b

440. wrong about depression criteria

- a. wt loss more than 20%
- b. psychomotor agitation or retardation

Answer: a

441. wrong about depression biological signs --- agitations

442. one is wrong about amine theory

- a. tricyclic antidepressants increase amines in synapses
- b. MAOI increases amines in synapses
- c. ropreone (is a dopamine blocker and causes depression - not sure)!
- d. amphetamine causes increased serotonin and leads to euphoria
- e. suicide has high serotonin in brain

Answer: d

443. dynamic psychotherapy

- a. for OCD
- b. now and here

Answer: a

444. not part of mental status exam

- a. mood
- b. IQ testing

Answer: b

445. A patient started antipsychotic recently presents with constant upward gaze and he is unable to move his eyes *

- a. Torticollis
- b. Trismus
- c. oculogyric crisis

Answer: c

446. an elderly who is majorly depressed and shows intentions of killing himself.

- a. SSRI
- b. ECT

Answer: b

447. a girl who is having hallucinations ordering her to kill herself

- a. refer to outpatient
- b. admit to medicine floor
- c. admit to psychiatry floor

Answer: c

448. A person who found himself away from home and doesn't remember anything --- Dissociative Fugue

449. a Female with GAD had flushing, chest pain and tachycardia in a public place then became unconscious when she got to the ER, what's the next step??

- a. ECG
- b. SSRI
- c. Alprazolam
- d. Reassurance

Answer: a

450. in the patient above, ECG was normal, what is the diagnosis:

- a. Panic attack
- b. CAD

Answer: a

451. A female found unconscious with hypoglycemia, you found insulin syringe under her pillow in the hospital, diagnosis?

Factitious Disorder.

452. social phobia should be differentiated from which personality disorder --- Avoidant personality disorder

453. According to DSM IV which of the following if present alone is enough to make a diagnosis of schizophrenia:

- a. commentary hallucination
- b. two or more conversation hallucination
- c. Bizarre delusions

Answer: c?

454. Which of the following is true about specific phobias --- More common in females than males

455. which of the following is true about obsessive compulsive disorder

- a. one third of the cases are associated with a mental disorder other than OCPD
- b. obsession always followed by act
- c. obsessions are always pleasant

Answer: a

456. which of the following is a positive symptom of schizophrenia *

- a. auditory hallucinations
- b. blunted affect
- c. alogia
- d. anhedonia

Answer: a

457. A pt with auditory hallucination & sx of major depressive episode for several months. hallucinations don't disappear when mood elevated. what is the diagnosis?

Schizoaffective

458. What is the appropriate medication?

- a. risperidone + lithium
- b. olanzapine + diazepam

Answer: no enough info to answer :/

459. A male on haloperidol developed high fever, confusion, hypertension, tachycardia & elevated CPK, what is the most likely diagnosis?

Neuroleptic malignant syndrome

460. The pt in the above question recover completely. Two weeks later, he had auditory hallucinations, what would u do?

- a. give haloperidol depot injection

- b. start pt on Clozapine
- c. reassurance

Answer: a

461. A pt was brought to ER after trying to hurt his Neighbor with a knife, he says that ppl around spy on him and record his phone calls and have cameras recording his moves, rather this patient is functioning well at work, what is the most appropriate medication?

antipsychotic

462. Regarding the previous case, which is true?

- a. persecutory delusions are rare
- b. he has bizarre delusions

Answer: both are not correct

463. Which of the following is a characteristic side effect of SSRI

- a. anorgasmia
- b. hypertension
- c. tachycardia
- d. muscle spasm

Answer: a

464. all of the following are used for treatment of depression in children except:

- a. SSRI
- b. family therapy
- c. behavioral therapy
- d. clozapine

Answer: d

465. Scenario of Pt with depression, delusion and pseudo-hallucinations, what would be the best medication?
antidepressant + antipsychotic

466. A woman that is afraid of being abandoned, has unstable relationships, feels empty, What personality disorder she has? --- Borderline

467. A lady having depression and anxiety, she was on a medication that helped her out, and allowed her to have good sleep. She ran out of pills and wants to write her a prescription, she describes having tremors since cessation of medication that wasn't present before, What is this medication?

Diazepam

468. What's the most side effect that u fear from sudden cessation of this drug?

- a. seizure
- b. autonomic hypoactivity

Answer: a

469. A pt on lithium developed fatigue, weakness, ... What should u do?

- a. order lithium blood levels
- b. assess thyroid function
- c. reassure the pt

Answer: b

470. All of the following are done by a person with conduct disorder except

- a. stealing
- b. set up fire
- c. school phobia

Answer: c

471. Which of the following is present in child with autism:

- a. irritability
- b. aggression
- c. epilepsy

Answer: a?

472. Which is wrong regarding DSM-IV criteria of somatization?

- a. two GI symptoms
- b. one sexual
- c. One neurological
- d. At least four pain symptoms
- e. Onset after age 30

Answer: e

473. All of the following are true about conversion disorder except;

- a. pt is suggestible
- b. symptoms are not feigned
- c. must be preceded by major stress

Answer: a

474. Case (bulimia). which is likely to be found?

- a. hyperkalemia
- b. normal thyroid function
- c. salivary gland atrophy
- d. hypomagnesemia
- e. low serum amylase

Answer: d?

475. something about eating disorder

- a. pharmacotherapy is more effective in anorexia nervosa than bulimia nervosa
- b. Prescribe SSRI and follow up after 1 month.
- c. admission is indicated

Answer: a

476. Which of the following is a benzodiazepine --- Alprazolam
477. which of the following is a known side effect of tricyclics --- Constipation
478. Li excreted mainly by --- kidney
479. Risk factor for Alzheimer --- age
480. major feature in ADHD --- Impulsivity/inattention
481. Which is true about autism --- More common in boys
482. All regarding a factitious disorder true except --- no secondary gain

"قَالَ رَبِّ اشْرَحْ لِي صَدْرِي (25) وَيَسِّرْ لِي أَمْرِي (26) وَاحْلُلْ عُقْدَةً مِّن لِّسَانِي (27) يَفْقَهُوا قَوْلِي (28)"

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بالتوفيق جميعاً