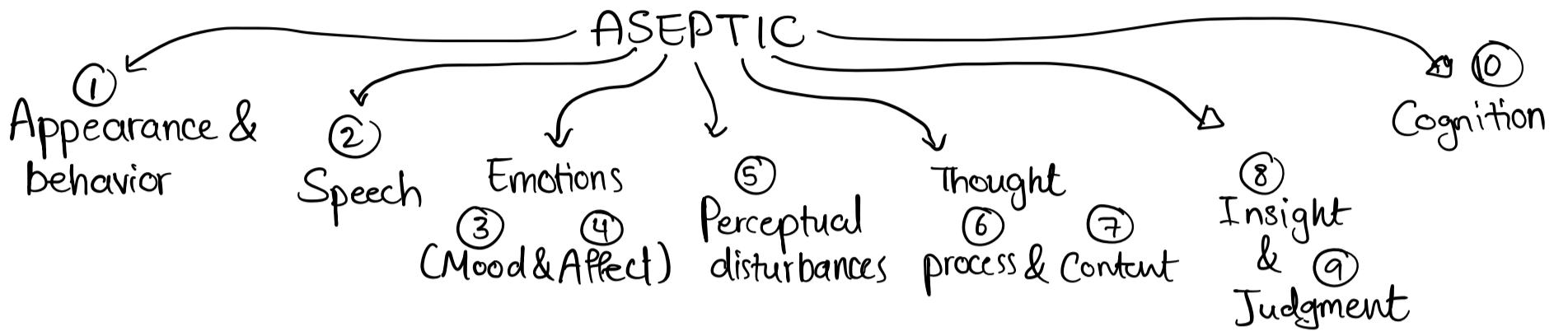


# Mental status exam

10 Components (very imp. to memorize)



## ① Appearance & behavior

- Apparent age
- Attitude & Cooperativeness
  - Cooperative
  - Uncoop (schizoph. / substance / dementia)
  - Suspicious (psychosis << paranoid >>)
  - Hostile (he thinks that the physician is a bad person & he's ready to leave at anytime)
  - Aggressive / Violent (Antisocial under intoxication / Mania / delerium)
- Posture
- Dress & Hygiene
  - Bad hygiene (neglected schizoph.)
  - inapp. to age & weather (Grooming) (Schizoph.)
- Psychomotor sign (Acute dystonia, ...)
- Eye Contact → poor in (MDD / Schizoph. / anxiety / Autism & intellectual disability)

## ② Speech ⇒ most 2 important features for normal speech:

① Coherent *مفهوم* → incoherent ⇒ schizoph.

② Relevant *ذو صلة*

Irrelevant ←

↓

- ① Schizophrenia
- ② Organic
- ③ Mental retardation
- ④ Autism spectrum

① (only bubbling & word salad)

②

any Organic brain syndrome (damaged speech centre)

③

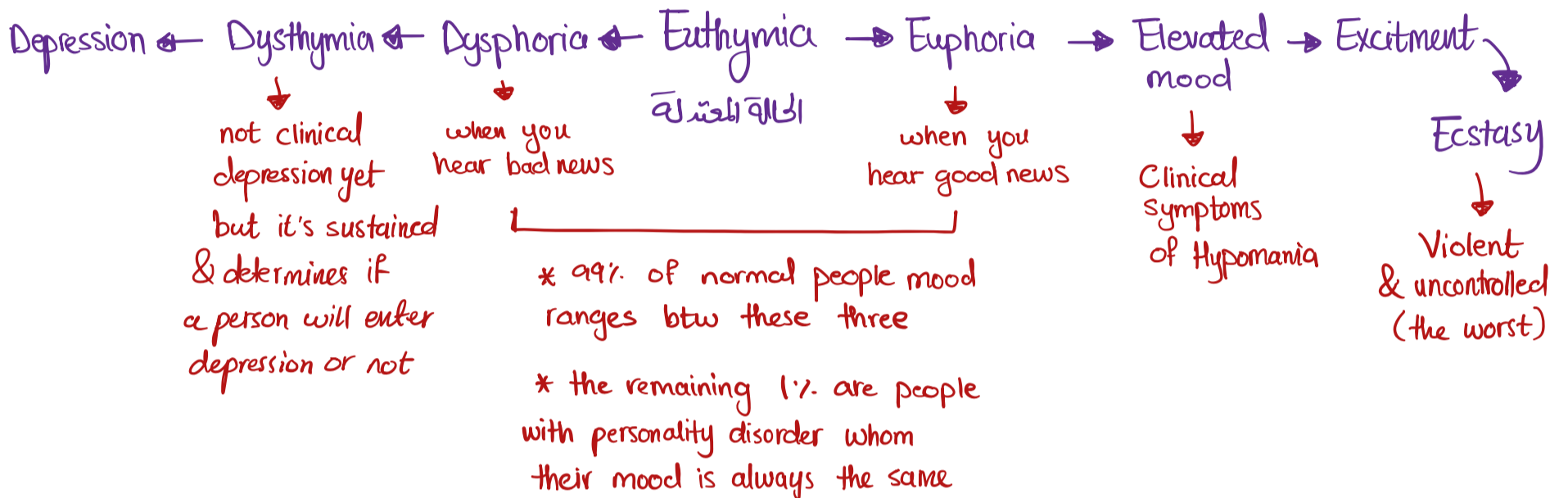
Substance Intoxication

+ Rate / Rhythm / Volume / tone & Articulation

③ Mood ⇒ emotions that the pt tells you (Subjective) ← sustained emotions from a long period  
(depressed / anxious / sad...)

④ Affect ⇒ how pts mood appear to you (Objective) ← emotions at this moment  
↳ Range / Type / Appropriateness / motility

\* Scale of Mood \* - from عزالي rotation -



⑤ Perceptual disturbances

- ↳ Hallucinations
- ↳ Illusions
- ↳ Depersonalization
- ↳ Derealization

⑥ Thought Process

- ↳ Logical / Linear
- ↳ Circumstantial / Tangential
- ↳ Flight of Ideas
- ↳ Loosening of association
- ↳ Thought blocking

⑦ Thought content

- ↳ Suicidal / Homocidal
- ↳ Delusions
- ↳ Phobias
- ↳ Obsessions
- ↳ Ideas of reference
- ↳ Preoccupations / Hyperreligiosity

⑧ Cognition :-

- \* Level of consciousness
- \* Attention & Concentration → serial 7's  
↳ spill a word backwards
- \* Calculation (add / abstract) ⇒ 6+7=?
- \* Fund of knowledge ⇒ current event (فين ريثـ اوزياء ؟)
- \* Memory
  - Long term → episodic → ask about verifiable personal info
  - Semantic
  - Short term → immediate (Registration) ⇒ give him 3 words & ask to repeat them at same moment
  - recall ⇒ repeat the 3 words ↑ after 5 mins
- \* Orientation
  - ↳ time
  - ↳ Place
  - ↳ person
- \* Abstract thought → Proverbs
- \* Reading / writing → similarities
  - ↳ normal
  - ↳ Concrete

⑨ Insight → pts awareness of his illness & need for treatment

- ↳ Full
- ↳ Partial
- ↳ minimal

⑩ Judgment → pts ability to approach his problems in an appropriate manner

- ↳ excellent
- ↳ Good
- ↳ Fair
- ↳ poor