The Urinary System

Anatomy ,physiology and embryology

The Functions of Kidneys

A) Excretion & Elimination:

removal of organic wastes products from body fluids (urea, creatinine, uric acid)

B) Homeostatic regulation:

Water -Salt Balance

Acid - base Balance

C) **Endocrine function**:

Productions of some hormones

B) Homeostatic Functions

1) Water –electrolytes balance

Regulate blood volume and blood pressure:

by adjusting volume of water lost in urine releasing renin from the juxtraglomerular apparatus

- Regulate plasma ion concentrations:
 - sodium, potassium, and chloride ions (by controlling quantities lost in urine)
 - calcium ion levels

2) Acid-Base Balance (Help stabilize blood pH)

The kidneys control this by **excreting H+ ions and reabsorbing HCO3 (bicarbonate).**

C) The endocrine function

- Kidneys have primary endocrine function since they produce hormones (erythropoietin, renin and prostaglandin).
- ✓ Erythropoietin is secreted in response to a lowered oxygen content in the blood. It acts on bone marrow, stimulating the production of red blood cells.
- Renin the primary stimuli for renin release include reduction of renal perfusion pressure and hyponatremia.

Renin release is also influenced by angiotension II and ADH.

The kidneys are primarily responsible for producing vitamin D3

Organs of the Urinary System



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Figure 23.1a

Location and External Anatomy of Kidneys

- Located **retroperitoneally**
- Lateral to T_{12} - L_3 vertebrae
- Average kidney
 - 12 cm tall, 6 cm wide, 3 cm thick
- Hilus
 - On concave surface
 - Vessels and nerves enter and exit
- Renal capsule surrounds the kidney

Relationship of the Kidneys to Vertebra and Ribs



Position of the Kidneys with in the Posterior Abdominal Wall



Figure 23.2a

Internal Gross Anatomy of the Kidnevs

Renal cortex Renal pyramids Renal pelvis Major calicies Minor calicies Gross vasculature Renal arteries Branch into segmental arteries



Internal Anatomy of the Kidneys



Figure 23.3b

Summary of Blood Vessels Supplying the Kidney



Mechanisms of Urine Production

Filtration

Filtrate of blood leaves kidney capillaries

Reabsorption

Most nutrients, water, and essential ions reclaimed

Secretion

Active process of removing undesirable molecules

Basic Kidney Functions



Figure 23.4

The Nephron

Renal corpuscle

- Glomerulus and glomerular capsule
 - **Glomerulus** tuft of capillaries
 - Capillaries of glomerulus are *fenestrated*
 - Glomerular (Bowman's) capsule
 - Parietal layer simple squamous epithelium
 - Visceral layer consists of podocytes

Tubular Section of Nephron

Filtrate proceeds to renal tubules from glomerulus Proximal convoluted tubule Loop of Henle Descending limb Thin segment Thick segment Distal convoluted tubule Collecting tubules

Ureters

- Carry urine from the kidneys to the urinary bladder
- Oblique entry into bladder prevents backflow of urine

Histology of **ureter**

- Mucosa transitional epithelium
- **Muscularis** two layers
 - Inner longitudinal layer
 - Outer circular layer

Adventitia – typical connective tissue

Microscopic Structure of the Ureter



Urinary Bladder

- A collapsible muscular sac
- Stores and expels urine
 Full bladder spherical
 Expands into the abdominal cavity
 Empty bladder lies entirely within the pelvis



Urinary Bladder

Urachus – closed remnant of the allantois Prostate gland Lies directly inferior to the bladder Surrounds the urethra



Urinary Bladder

- Wall of bladder
 - Mucosa
 - Transitional epithelium
 - Muscular layer
 - Detrus or muscle
 - Adventitia

Histology of the Urinary Bladder



Structure of the Urinary Bladder and Urethra



Figure 23.16b

Urethra

Internal urethral sphincter Involuntary smooth muscle External urethral sphincter Voluntarily inhibits urination Relaxes when one urinates

Urethra

In females Length of 3–4 cm In males – 16-20 cm in length – three named regions Prostatic urethra Passes through the prostate gland Membranous urethra Through the urogenital diaphragm Spongy (penile) urethra Passes through the length of the penis

Embryology of The Urinary System

- Embryo develops three pairs of kidneys
 - Pronephros
 - Mesonephros
 - Metanephros
 - Only **metanephros** persists to become the adult kidneys
 - Metanephric kidney produces urine by fetal third month
 - Contributes to the volume of **amniotic fluid**

The urinary tract develops from the 3rd week of the embryonic period from the **intermediate mesoderm** as well as from the **urogenital sinus**. The kidneys develop from the 4th week in **three steps**:

As a first one, the **pronephros**, forms that then later atrophies in the 8th week and is never active functionally.

It is followed by the **mesonephros**, that is formed between the 6th and 10th weeks, but is only transitory.

The definitive kidneys develop from a metanephrones (mesodermal origin) and the ureter bud (that has its origin in the caudal part of the wolffian duct)

The **urine-excreting part** of the kidneys, the nephron, mainly arises from the metanephrones (glomerulus, proximal, intermediate and distal tubules), while the rest of the upper urinary tract (collecting ducts, calices, renal pelvis and ureter) develop from the **ureteric bud**.

The numerous induction mechanisms between ureter bud and metanephric mesenchyma during the development of the renal system, as well as the ascent of the kidneys, originating at the level of the sacrum and moving up to the diaphragm at the end of the development, make it possible for a large number of abnormalities to arise. Many remain asymptomatic whereas others are not compatible with survival.

In males the internal sex organs come from the mesonephric duct (Wolff) that differentiates itself into the epididymis, deferent duct, seminal vesicle and the ejaculatory duct.

The paramesonephric duct (Müller) atrophies. It leaves behind embryonic remnants such as the testicular appendage and parts of the prostatic utricule. In **females** the **paramesonephric duct (Müller)** remains in existence and differentiates itself into the fallopian tube with its ampullae and, following its fusion at the caudal end, into the **uterus** and the **upper part of the vagina**.

The mesonephric duct (Wolff) with its tubules atrophies and leaves embryonic remnants such as the ductus longitudinalis epoöphori (Gartner), epoöphoron and paroöphoron.

Development of the Urinary Organs



Development of the Urinary Organs





