



**Any solid kidney mass is considered to be malignant until proven otherwise except Angiomyolipoma, which is easily distinguishable on ultrasound and CT>**

## 1. Primary Kidney Tumors:

### i. Benign

1) **Adenoma**: very small <3cm, Asymptomatic, well differentiated **glandular** tumor of the renal cortex ...from **PCT**

2) **Angiomyolipoma**: hamartomas, in child bearing female, associated with **Tuberous Sclerosis** (small & bilateral)

- Found incidentally on U/S or CT, but in 10% may Present with Massive retroperitoneal bleeding leading to patient collapse.

- Only benign mass can be distinguished On CT scan ( **Fat Containing Tissue**).

- It's Very vascular so **embolization** of feeding Artery Can be the treatment.

- If tumor < 4 cm & Asymptomatic. → Observe, yearly CT or US. .... But If > 4 cm with symptoms → excise

- pt with TS / Bilateral & multiple → conservative

3) **Oncocytoma**: Originates from **collecting ducts**, (uncommon), M>F, Incidental.

- Gross hematuria and flank pain, No features on CT, US or MRI

- On Angiography → "spoke wheel" appearance of tumor arterioles, "lucent rim sign" of the capsule → same as RCC

- Treatment: **Partial Nephrectomy** (Indications): Bilateral tumor (VHD), Single kidney, Renal Impairment (DM), Lesion <4 cm

### ii. Malignant

#### 1) **Transitional Cell Carcinoma (TCC)**

- RFs same as RCC but doesn't have a genetic ones, Mc is solid & unilateral, Linked to **smoking**

- It spreads by direct extension into renal vein & IVC, lymphatic into para-aortic, paracaval, pelvic nodes, and hematogenously to liver, lung and bone.

- Presentation: **Painless hematuria**, **Flank pain** caused by clots passing down the ureter (**clot colic**)

- Investigations: Urine cytology, IVP or CTU, Abdominal CT, CXR, bone scan for staging

- Treatment: **Nephroureterectomy** with bladder cuff +/- Chx or Rx

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Mental. Rebr  
Hamartomas  
Epilepsy

## 2) **RCC / Adenocarcinoma: 90%**

- M.C renal Tumor, M>F , age 60-80.
- known as hypernephroma
- Originate from **PCT epithelium** in the cortex.
- Grossly: they are **yellow-orange/ lipids**, RCCs have a **pseudocapsule** of compressed renal parenchyma, fibrous tissue & inflammatory cells.
- Histologically , Can be Clear Cell RCC, Papillary RCC“chromophilic”, Chromophobe RCC, Collecting Duct RCC, unclassified

### - **Grading** —> Fuhrman Nuclear Grade

- grade1: well differentiate
- grade 2: moderate.
- grade 3: Poor differentiation.

### - **Staging /T staging**

Stage 1 (confined to kidney <7 cm)

Stage 2 (confined to kidney >7 cm).

Stage 3 extension to: T3a: perirenal fat

T3b: renal vein or to IVC/ infra diaphragmatic

T3c: Above diaphragm/ IVC

Stage 4 (Invading Ipsilateral adrenal gland, gerata's fascia & other organs)

→ Radical Nephrectomy

→ Radical + Immune T

④

### **JUXTAGLOMERULAR CELL TUMOR**

benign tumors, young adults, females in 20s- 30s and are rarely malignant.

from afferent arterioles in the juxtaglomerular apparatus —> renin secretory granules.

i encapsulated and in the cortical area.

—> HTN, hypokalemia.

hyperaldosteronism, and high renin.

Dx: selected renal vein sampling for renin... Tx: partial nephrectomy

→ **RFs**: HTN, obesity, smoking, Family Hx, Asbestos, renal dialysis, horseshoes & PCK, VHL genes (ch 3,7,17),

**Phenacetin Drug** (Analgesia).

→ **Presentation**: Asymptomatic (70%), , **Classical Triad**: Painless hematuria, Mass, Flank Pain, **Paraneoplastic**

**Syndrome** —> including erythrocytosis, hypercalcemia, hypertension, nonmetastatic hepatic dysfunction

“Stauffer’s Syndrome”

### → **Tumor Spread**

- Direct extension: adrenal gland, renal vein & IVC & Sometimes to R Atrium.
- LN; hilar & Para-aortic LN.
- Hematogenously; **Lung**, liver, bone, brain.

→ **Investigations**: U/S, **Contrasted CT (gold standard)**, Urine cytology, work up for metz

Needle Biopsy is contraindicated (fear of **seeding & hemorrhage**).

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### → **Treatment**

- Stage 1, 2, and 3a —> radical nephrectomy (remove kidney and renal pelvis)
- Stage 3b and 4 —> radical nephrectomy + immunotherapy (IL-1, IFN-α)
- If mets —> immunotherapy (+ nephrectomy to relieve symptoms such as hematuria)

///**Partial nephrectomy** ? Only the mass and some surrounding renal tissue.. for young , single K, CKD, proteinuria, < 4 cm

// **Radical nephrectomy** ? Remove kidney + adrenal gland + perinephric fat + \- LN dissection ... for high oncological risk

// **Medical** ? **targeted** (Anti-VEGF antibodies (Bevacizumab)) or **immunotherapy** (Anti-PD-1, Anti-CTLA-4 , Cytokines)

• Parenchymal Mass

Metanephric Blastema (embryology)

\* Adenocarcinoma / RCC (M.C. Tumor)

\* Radical Nephrectomy (M.C. Surgery)

• Pelvi-calyceal System

Cloacal Membrane

\* Transitional Cell Carcinoma

\* Nephroureterectomy & bladder cuff