



Small bowel tumours

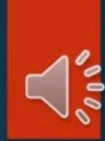


- ▶ Only 1 to 2 per cent of malignant alimentary **tumours**.
- ▶ Equal between man and women
- ▶ 100 times less frequent than in the stomach, oesophagus, or colorectum
- ▶ Benign lesions are more common distal, while Adenocarcinoma is more common proximal.



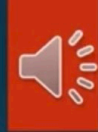
- ▶ Small intestinal tumors may originate in cells of the:
 - ▶ epithelium
 - ▶ adenomas,
 - ▶ adenocarcinomas or
 - ▶ carcinoids
 - ▶ lymphatic tissues
 - ▶ lymphomas
 - ▶ mesenchymal or neural elements
 - ▶ gastrointestinal stromal tumors
 - ▶ leiomyomas
 - ▶ lipomas
 - ▶ hemangiomas
 - ▶ neuromas
 - ▶ sarcomas

Risk factors



- ▶ Familial adenomatous polyposis,
- ▶ Hereditary nonpolyposis colorectal cancer (HNPCC),
- ▶ Peutz-Jeghers syndrome,
- ▶ Crohn's disease,
- ▶ Gluten-sensitive enteropathy (celiac sprue),
- ▶ Biliary diversion (e.g., previous cholecystectomy).

Presentation



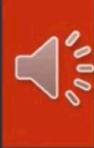
- ▶ Sixth and seventh decades of life
- ▶ Benign **tumours** are found *incidentally* at laparotomy or autopsy
 - ▶ vague symptoms, absence of clinical signs, the difficulty in investigating much of the **small bowel**
 - ▶ nausea, dyspepsia, epigastric discomfort, fatigue, bloating and weight loss, to haemorrhage or obstruction
 - ▶ Haemorrhage: occult or major bleeding ..
 - ▶ palpable abdominal mass, perforation, fistula formation, intussusception or intraperitoneal haemorrhage



CLINICAL PRESENTATION OF PRIMARY SMALL BOWEL TUMORS

Signs and symptoms	Frequency (%)
BENIGN NEOPLASMS	
Asymptomatic	47–60
Abdominal pain	24–50
Acute gastrointestinal hemorrhage	29–44
Anemia	28–58
Intermittent obstruction	12–28
MALIGNANT NEOPLASMS	
Asymptomatic	6–12
Abdominal pain	62–83
Weight loss	38–55
Nausea/vomiting	23–64
Acute gastrointestinal hemorrhage	6–31
Anemia	12–38
Abdominal mass	5–32

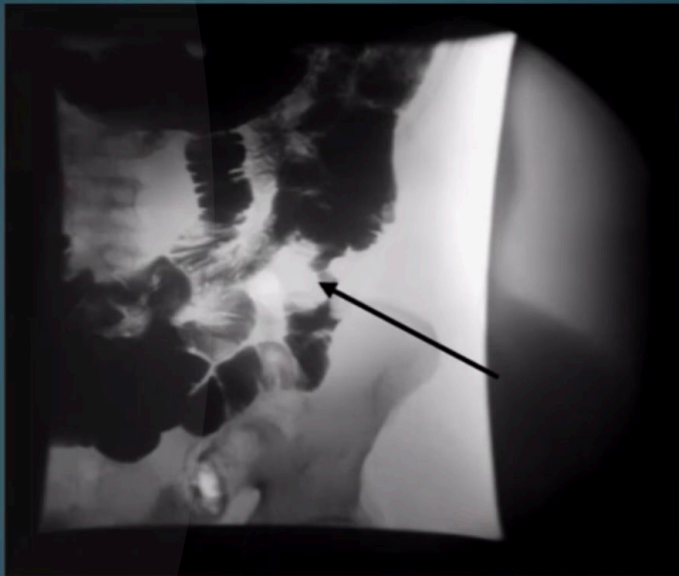
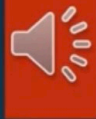
Investigation



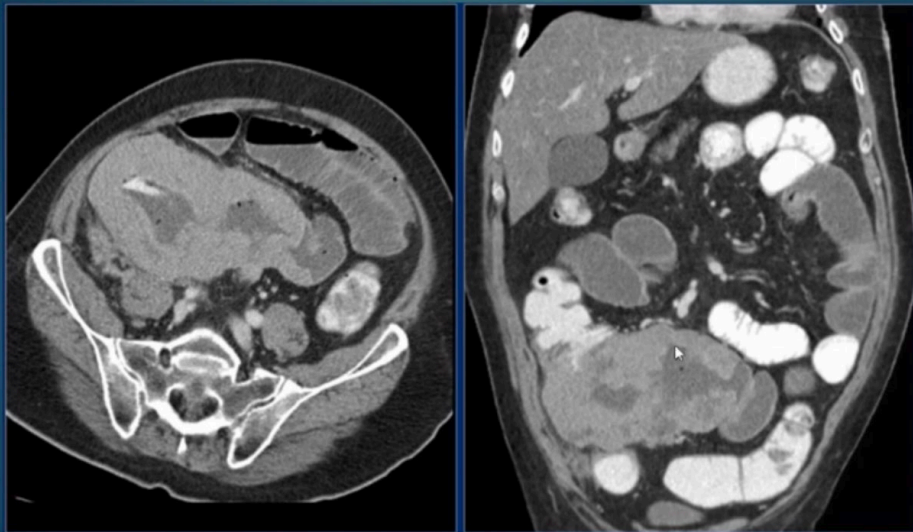
- ▶ Contrast Studies : small bowel follow through
- ▶ Endoscopy
- ▶ CT / MRI
- ▶ Angiography
- ▶ Capsule endoscopy



small bowel follow through



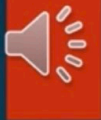
CT enterography







Pathological classification



- ▶ Not straightforward
 - ▶ *Benign neoplasms*
 - ▶ *Malignant Tumours*

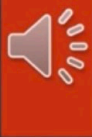


Adenoma

- ▶ True adenoma, Villous adenoma and Brunner gland adenoma.
- ▶ 20% in duodenum, 30 % in jejunum and 50% in ileum.
- ▶ Villous adenomas more common in Duodenum and less common in distal small bowel.
- ▶ Most common presentation is asymptomatic, Abdominal pain, obstruction, and occult (or overt) haemorrhage Obstructive jaundice.
- ▶ Malignant change increases with the **size, site**, and **number** of lesions as well as with the histological type (**tumours** situated in the periampullary region are more prone to malignancy)



Familial Polyposis syndromes

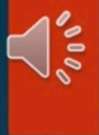


- ▶ Familial polyposis coli
- ▶ Autosomal-dominant inheritance of the mutated *APC* gene
- ▶ Thousands of adenomas in the colorectum
- ▶ polyps occur within the **small** intestine in 24 to 93 per cent
- ▶ only **2 to 12 per cent** develop duodenal cancer
- ▶ Treatment : excise polyps / biopsy / follow up

Other Benign neoplasms



- ▶ **Brunner's gland adenoma (duodenum)**
- ▶ **Lipoma**
- ▶ Neurofibromas
- ▶ **Fibroma**
- ▶ **Vascular tumours**
- ▶ **Leiomyoma**



Malignant Tumours of Small Intestine

- ▶ Malignant neoplasms almost always produce symptoms
- ▶ The most common :pain and weight loss
 - ▶ Obstruction in 15- 35% of patients (adhesions and infiltration)
 - ▶ Diarrhoea and excess mucus
 - ▶ GI bleeding , anaemia



Carcinoid tumours

- ▶ Originate in enterochromaffin cells (*argentaffin cells*)
- ▶ 0.7 per 100 000
- ▶ These **tumours** may occur in the
 - ▶ foregut (including the duodenum),
 - ▶ midgut (including the jejunioileum),
 - ▶ the hind gut.
- ▶ Midgut carcinoids characteristically secrete large amounts of 5-hydroxytryptamine (**5-HT**; serotonin), whereas foregut carcinoids secrete **small** amounts of this peptide

Carcinoid Tumours Cont.



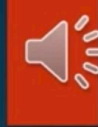
- ▶ Treatment
- ▶ Local disease : resection including draining Lymph nodes
- ▶ Metastatic disease:
 - ▶ Tumour debulking, resection, cryotherapy, radiofrequency ablation, hepatic artery embolization, or chemoembolization.
- ▶ Systemic therapy
 - ▶ Somatostatin analogs. Octeriotide, Long-acting octreotide, lanreotide.
- ▶ Cytotoxic chemotherapy: ineffective.

Adenocarcinoma



- ▶ Adenocarcinoma accounts for about 35% of **small bowel tumors**
- ▶ More common in proximal small bowel than distal.
- ▶ median age at presentation of 60 years
- ▶ Presentation according to site:
 - ▶ Non-specific, vomiting, pain , jaundice, obstruction, perforation.
- ▶ Jejunal and ileal **tumours** are best treated by segmental resection including the regional lymph nodes
- ▶ The overall 5-year survival rate for jejunoileal carcinomas is **20 to 30** per cent. If there is no nodal involvement at operation, survival is increased to **50 to 70** per cent
- ▶ Chemotherapy is of little help.

Adenocarcinoma cont.



- ▶ Adenocarcinoma developing with **crohn's disease** is more common in Ileum
- ▶ 20 years younger
- ▶ male preponderance of about 70 per cent
- ▶ prognosis is very poor



Gastrointestinal lymphoma

- ▶ 1 to 4 per cent of all primary gastrointestinal cancers
- ▶ 50 to 55 per cent of **tumours** occur in the stomach, 30 to 32 per cent in the **small bowel**
- ▶ Present with; obstruction, bleeding , anorexia and weight loss .
- ▶ 5th and 6th decade
- ▶ Most common in ileum
- ▶ Increase incidence in patients with **Coeliac disease / immunodeficiency states** (e.g., AIDS).
 - ▶ Worsening diarrhea, pyrexia, and local obstructive symptoms.
- ▶ Treatment is usually medical unless surgical complication.



Gastrointestinal Stromal Tumours (GIST)

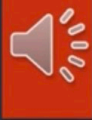
- ▶ Arise from Connective tissue cells
- ▶ Most common mesenchymal tumour of the GI Tract.
- ▶ Benign or malignant. Size increase risk of malignant potential.
- ▶ Usually stomach followed by small bowel (jejunum > ileum)
- ▶ 50-70 years of age.



GIST *cont.*

- ▶ Lymphatic spread is not common
- ▶ Metastasis to liver or peritoneum

- ▶ Prognosis
 - ▶ Worse than in stomach and oesophagus
 - ▶ Tumour size : less than 2 cm diameter → low risk
 - ▶ Mitotic rate: less than 5 HPF → low risk



▶ Treatment

- ▶ Surgery . Excision with negative margin
- ▶ Tyronise kinase inhibitor (imatinib) in **advanced cases** 50% tumours shrinkage.
- ▶ Radio-resistant