

STD	Causative agent	Pathogenesis	Clinical appearance	Dx	Treatment	Notes
Gonorrhoea	<p>N. Gonorrhoea</p> <ul style="list-style-type: none"> - Gram negative diplococci - Fastidious, and only grows on enriched chocolate agar. 	<ol style="list-style-type: none"> 1. Bacteria (diplococci) attaches to the urogenital epithelium. 2. N. gonorrhoea competes with the resident microbiota. 3. Transcytosis of the bacteria intracellularly. 4. The bacteria is detected by PRR's of macrophages, dendritic cells. 5. these cells secrete cytokines. 6. cytokines allow the recruitment of PMN's 7. PMNs attach to the bacteria, and it will be phagocytosed. 8. this attachment/bacteria-PMN complex forms the neutrophil-rich exudate. 	<p>Men: Acute symptoms, always restricted to urethra.</p> <p>Women: 50% are asymptomatic or have mild symptoms.</p> <ul style="list-style-type: none"> - Asymptomatic cases may develop into disseminated infections <p>Retrograde spread in women (infection spreads to the endometrium, fallopian tube, ovaries, etc.) → developing:</p> <ul style="list-style-type: none"> - Endometritis - Ovarian abscesses 	<ol style="list-style-type: none"> 1. Culture: Blood agar. 2. Gram staining: Gram negative diplococci. <p>Samples: Exudates (throat, urine, cervical swabs)</p> <ol style="list-style-type: none"> 3. NAATs: Screening test of choice. 	<p>Patient and his/her sexual partner must be treated.</p> <p>First line therapy: Ceftriaxone + Azithromycin</p>	<ul style="list-style-type: none"> - Antimicrobial resistance - Second most common STI, after Chlamydia.

			<ul style="list-style-type: none"> - PID: Pelvic inflammatory disease. <p>→ Forms purulent discharge</p> <p>→ Disseminated:</p> <ol style="list-style-type: none"> 1. Pustular rash 2. Suppurative arthritis in involved joints. 			
Chlamydia	<p>Chlamydia trachomatis.</p> <p>Obligate intracellular.</p> <p>Has two forms (unique life cycle):</p> <ol style="list-style-type: none"> 1. Infectious, extracellular, metabolically inactive form: Elementary Bodies 	Infect epithelial cells of the urethra, endocervix, endometrium, fallopian tubes, conjunctiva , etc.	<p>Women:</p> <ul style="list-style-type: none"> - Mostly asymptomatic - Ascends (retrograde infection or spread) causing PID. - Cervicitis - Urethritis - Proctitis <p>Men:</p> <ul style="list-style-type: none"> - Mostly asymptomatic. - Urethritis - Proctitis 	<p>Samples:</p> <ul style="list-style-type: none"> - Exudates - First catch urine - Cervical/throat swabs <ol style="list-style-type: none"> Culture (not used- bacteria is obligate intracellular) NAATs: test of choice. 	<p>Patient and his/her sexual partner must be treated.</p> <p>Doxycycline or Azithromycin</p>	<p>Most common bacterial STD.</p> <ul style="list-style-type: none"> - Transmission: <ol style="list-style-type: none"> sexually Inanimate objects (survives extracellularly) Eye-to-eye Droplets Hands - Leading cause of preventable blindness: Trachoma

	2. Noninfectious, intracellular, metabolically active form: Reticulate Bodies					- More common in Endemic areas (Children act as reservoirs through conjunctival transmission).
Nongonococcal urethritis	1. Mycoplasma genitalium 2. Ureaplasma urealyticum - Smallest free-living bacteria - Do not have a cell wall. - Cell membrane contains sterols.		Can cause NGU and PID (pelvic inflammatory disease).	NAATs: test of choice. (PCR)	Azithromycin - Poor response to doxycycline - unlike chlamydia trachomatis. - Resistant to penicillin (no cell wall).	- Resistant to Penicillin (interferes with the synthesis of cell walls) - Antimicrobial resistance
Candidiasis	C. Albicans (80-92%) C. glabrata - Part of the gut and vaginal flora. - Opportunistic pathogenic yeast.		- Recurrent infection (>= 4 episodes a year) in some cases. - Susceptibility: determined genetically.	- Wet mount of discharge (KOH) → recognition of yeast/hyphae. - Self-diagnosis: unreliable	Oral or Topical antifungal treatment. Topical: -More rapid relief. - Pregnant women: Topical imidazole	- Common in postmenopausal women (29-49%)

			<p>Risk factors:</p> <ul style="list-style-type: none">- Diabetes- HIV- Antibiotic use- Pregnancy <p>Last two: cause changes in vaginal ecology.</p> <p>Causes:</p> <ul style="list-style-type: none">- Pruritis- Dysuria- Dyspareuria- White cottage cheese-like discharge <ul style="list-style-type: none">- pH<4.5: unlike trichomonas infection or BV.	<ul style="list-style-type: none">- Culture in patients with persistent discharge or recurrent symptoms unresponsive to azole tx.	<p>Immunosuppressed: 7-14 days topical therapy is recommended.</p> <p>Oral:</p> <ul style="list-style-type: none">- Preferred.- Oral azoles are contraindicated in pregnancy.	
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