

FINAL COLLECTED QUESTIONS OF GLOBAL HEALTH 018

1-Which of the following factors are among the top causes of morbidity among adolescents?

- a. Mood and anxiety disorders
- b. Respiratory and digestive disorders
- c. Road injury, HIV, and respiratory infections
- d. HIV, road injury, and respiratory diseases

2-Which of the following diseases cannot be transmitted via fomites?

- a. Malaria
- b. Dengue fever
- c. Tuberculosis
- d. All are correct

3-The World Health Organization's (WHO) projections of the disability-adjusted life years (DALYs) show that in 2030:

- a. Chronic respiratory diseases will be the leading cause of DALYs among males.
- b. There will be an increase in DALYs caused by diabetes among males.
- c. The impact of musculoskeletal disorders will slightly decrease among males but will remain the same among females
- d. The impact of most non-communicable diseases will slightly decrease among males and females

4-The leading cause of death among neonates globally is:

- a. Pneumonia
- b. Prematurity
- c. Congenital anomalies
- d. Malaria

5-The top cause of death in low- income countries is:

- a. HIV/AIDS
- b. Lower respiratory infections
- c. Tuberculosis
- d. Ischemic heart diseases

6-Which of the following communicable diseases require a vector?

- a. Cholera

- b. Ebola
- c. Dengue fever
- d. Tuberculosis

7-The acute stage of HIV infection is characterized by which of the following?

- a. During this phase, HIV is still active but reproduces at very low levels.
- b. People may not have any symptoms or get sick during this time.
- c. People cannot transmit HIV to others during this phase.
- d. This period can last a decade or longer.

8-Which of the following diseases is now totally eradicated and no longer occurs naturally ?

- a. Cholera
- b. Smallpox
- c. Chickenpox
- d. Dengue fever

9-Polio can be eradicated by which of the following?

- a. Attention to sewage control and hygiene
- b. Killed polio vaccine
- c. Live polio vaccine
- d. Combination of the killed and live vaccines

10-When a patient diagnosed with dengue fever develops sever itching and bradycardia, then s/he is mostly in what stage of the disease?

- a. Acute stage
- b. Febrile stage
- c. Critical stage
- d. Recovery stage

11-Mental health is defined as:

- a. The ability to distinguish what is real from what is not.
- b. A state of well-being where a person can realize his own abilities can cope with stresses of life and work productively.
- c. Providing care of patients during illness and rehabilitation.
- d. Absence of mental illness.

12-All of the following are considered protective factors for mental health EXCEPT?

- a. Engaged parents
- b. Limited mental health and social services
- c. Limited exposure to violence

d. Sense of purpose

13-Which of the following is considered part of the hidden burden of mental illness?

- a. lost productivity from family members caring for the person with mental illness.
- b. poor cognitive development in the children of parents with mental illness.
- c. cost of accidents by people who are psychologically disturbed.
- d. costs from denying work opportunities for persons with mental illness.

14-All of the following mental illnesses are among the top causes of global burden of disease EXCEPT:

- a. Major depression
- b. Dysthymic Depression
- c. Substance abuse disorders
- d. Anxiety Disorders

15-Depression is considered a major global health concern, which of the following correctly describe the current state of disease burden?

- a. There are currently no effective treatments for depression.
- b. Antidepressant medications are considered the first line of treatment for depression.
- c. Health systems have not yet adequately responded to the burden of depression.
- d. Most people with depression seek treatment but it is rarely effective.

16-Suicide is considered a major global health concern. Which of the following statement is CORRECT regarding suicide?

- a. People who talk about suicide are often seeking attention
- b. Suicide risk might increase after depression lifts and patients become energized
- c. Suicide is inherited.
- d. Once a person is suicidal, S/he is suicidal forever.

17-Which of the following are the most common methods of suicide globally?

- a. Ingestion of pesticide, wrist cutting and firearms
- b. Jumping from heights, wrist cutting and firearms
- c. Hanging, Jumping from heights and firearms
- d. Firearms, ingestion of pesticide and hanging

18-All of the following objectives were set by the WHO in its global mental health action plan 2013-2020 EXCEPT:

- a. Develop effective medications to treat global mental disorders.
- b. Strengthen effective leadership and governance for mental health.
- c. Provide comprehensive mental health services in community-based settings.
- d. Strengthen information systems for mental health.

19-Which of the following global mental disorders are considered psychotic?

- a. Schizophrenia
- b. Depressive disorders
- c. Bipolar disorders
- d. Schizophrenia and bipolar disorders

20-All of the following statements is correct regarding the concept of Environmental Health, Except:

- a. It is concerned with all physical, chemical, cultural and biological factors affecting the individual's health.
- b. It is concerned with assessing and controlling factors that can affect health.
- c. It is concerned with primary prevention of diseases.
- d. It excludes sociocultural environmental factors.

21-Air pollution recorded its highest levels in which of the following regions?

- a. The Eastern Mediterranean and South-East Asia regions
- b. Low and middle-income cities in Africa
- c. Low and middle-income cities in the Western Pacific
- d. Europe and high-income countries

22-Most air pollution-related deaths are from:

- a. Asthma and lower respiratory infections.
- b. Respiratory and cardiovascular diseases.
- c. Non-communicable and communicable diseases.
- d. Air pollution causes might cause health problems but rarely deaths.

23-The most globally known disease linked to contaminated water is:

- a. Polio
- b. Malaria
- c. Diarrhea
- d. Schistosomiasis

24-Climate change can impact the prevalence of NON-communicable diseases. This statement is:

- a. True

b. False

25-Climate change can affect the transmission of which of the following diseases?

- a. Malaria
- b. Schistosomiasis
- c. Dengue fever
- d. All are correct

26-The field of study and practice that seeks to understand the values undergirding decisions and actions in health care, research and policy is called:

- a. health ethics
- b. medical ethics
- c. bioethics
- d. human rights

27-Which of the following statements best describe the relationship between ethics and laws?

- a. Both ethics and law mandate how people ought to act.
- b. All legal issues are ethical but not all ethical issues are legal.
- c. Violation of ethical norms often lead punishment, whereas violation of laws do not.
- d. Ethics are considered a foundation for laws.

28-The principle of equity as a human right:

- a. divides responsibility between research participants and researchers.
- b. requires some level of inequality.
- c. means giving people what they deserve.
- d. refers to the ability of an individual to be his or her own person.

29-Global health actors who work to enhance individuals' wellbeing uphold the ethical principle of:

- a. health maximization
- b. beneficence
- c. justice
- d. non-maleficence

30-Which of the following is NOT correct regarding ethical issues associated with global health:

- a. In resource poor countries, it is possible that the only chance for medical care is linked to participation in biomedical research studies.

- b. Ethical standards are universal, making different people in different countries hold same health values.
- c. Health concerns of high-income countries often drive the research agenda while the poor receives less attention.
- d. The high price of new drugs and devices severely restrict access to therapies for resource limited populations.

31-BONUS: The name of this course is:

- a. Global Health
- b. All of the above
- c. None of the above
- d. Kol Am W Antom Bekhair

Answers:

1	A	9	D	17	D	25	D
2	D	10	D	18	A	26	A
3	A	11	B	19	A	27	D
4	B	12	B	20	A	28	B
5	B	13	D	21	A	29	B
6	C	14	C	22	B	30	B
7	B	15	C	23	C	31	☺
8	B	16	B	24	A	-	-

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وَأَعِنَّا عَلَى أَنْفُسِنَا، وَتَوَلَّأْنَا بِحُسْنِ تَدْبِيرِكَ، وَسِعَةَ فَضْلِكَ،
وَسَخَّرْ لَنَا الْخَيْرَ، كُلَّ الْخَيْرِ.