#### **FATTY ACID as FUELS**

• Fatty Acids are the major fuel used by tissues but Glucose is the major Fuel in extracellular fluids

Fuel type	Amount in Fluids gram	Amount used /12 hours gram
FA	0.5	60 (540 Kcal)
Glucose	20	70 (280 Kcal)

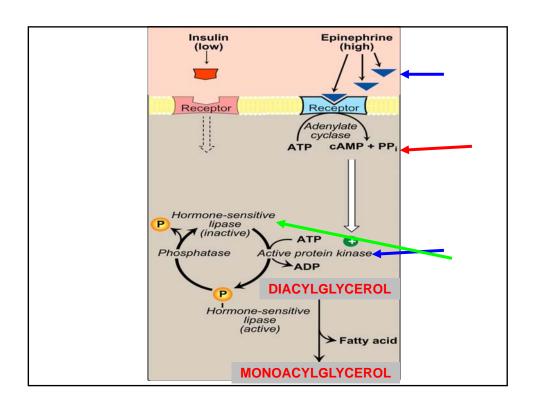
# Mobilization of stored fats The need for hormonal signal

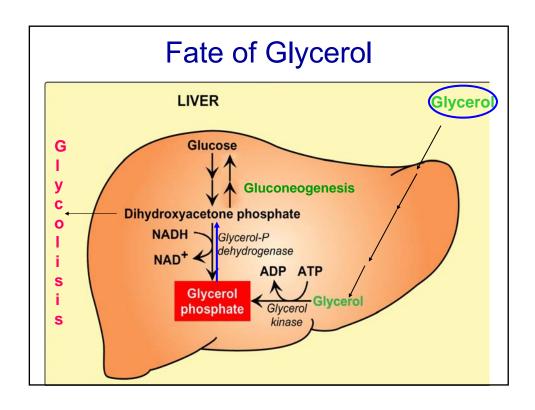
- Fat is stored in Adipose tissue
- When needed a hormonal signal must reach the adipocytes.
- Hydrolysis of TAG

TAG + 3 
$$H_2O$$
  $\longrightarrow$  3 FA + glycerol :Hormone Sensitive Lipase

# Hormones that activate the Hormone Sensitive Lipase

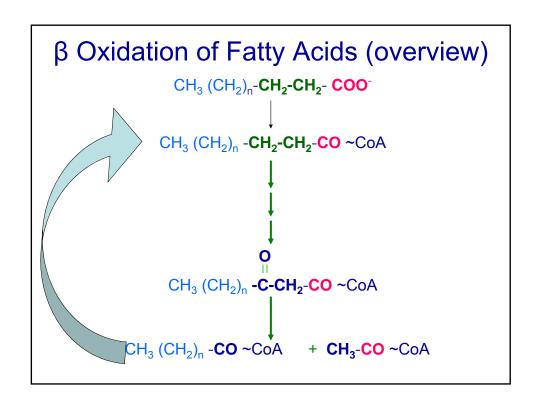
- Glucagon
- Epinephrine
- Norepinephrine
- ACTH

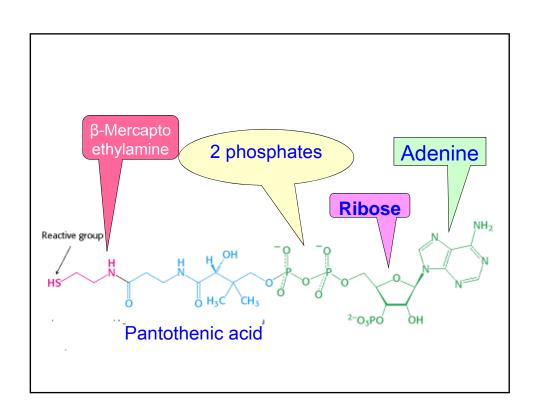




### β Oxidation of Fatty Acids

- Fatty Acids are transported to tissues bound to albumin
- Degraded by oxidation at β carbon followed by cleavage of two carbon units





## Activation of Fatty Acids

- · Joining F.A with Coenzyme A
- RCO~SCoA (Thioester bond)

```
FA + HSCoA + ATP FA~CoA + AMP + PP<sub>i</sub>
```

$$PP_i + H_2O \longrightarrow 2P_i$$

$$FA + HSCoA + ATP \longrightarrow FA \sim CoA + AMP + 2P_i$$
  
 $AMP + ATP \longrightarrow ADP + ADP$ 

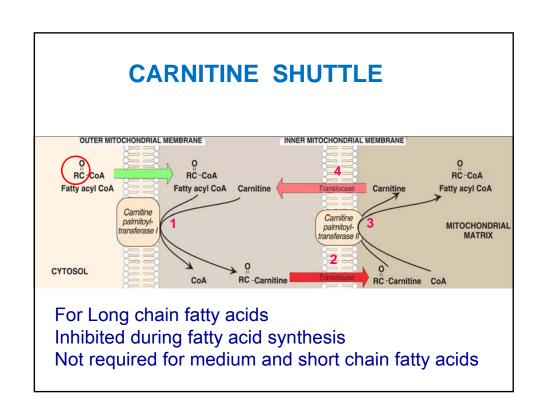
$$FA + HSCoA + 2ATP \longrightarrow FA \sim CoA + 2ADP + 2P_i$$

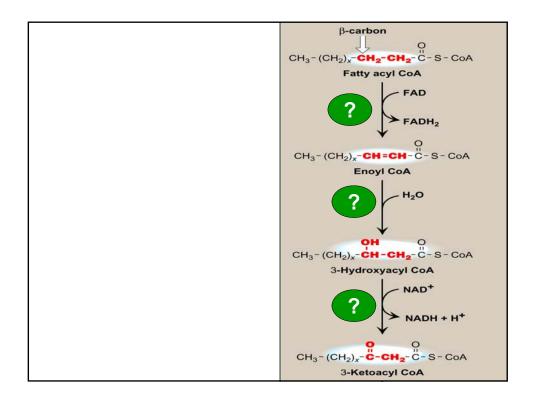
#### Activation of Fatty Acids (cont.)

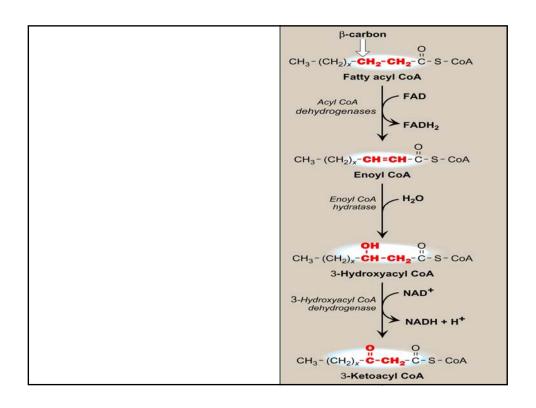
- ATP conversion to AMP + 2 P<sub>i</sub> is equivalent to hydrolysis of 2 ATP to 2ADP
- Enzyme: thiokinase (Acyl CoA Synthetase)
- Location: outer mitochondrial membrane
  - mitochondrial matrix ( for short and medium chain FA )

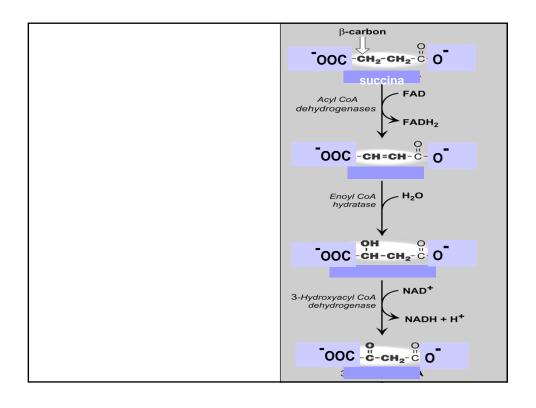
# Transport of long chain Acyl CoA across inner mitochondrial membrane

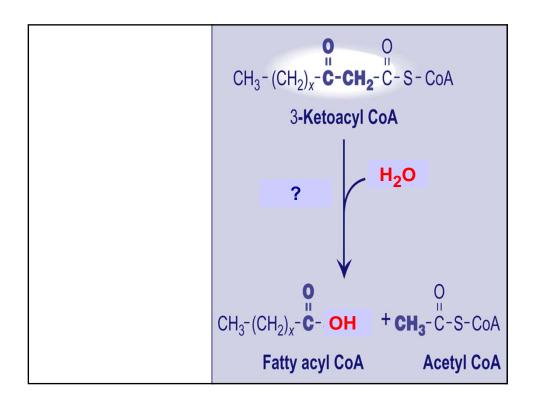
- Inner mitochondrial membrane is impermeable to Acyl CoA
- Carrier system is required (Carnitine Shuttle)
- · It consists of:
  - Carrier molecule
  - Two enzymes
  - Membrane transport protein

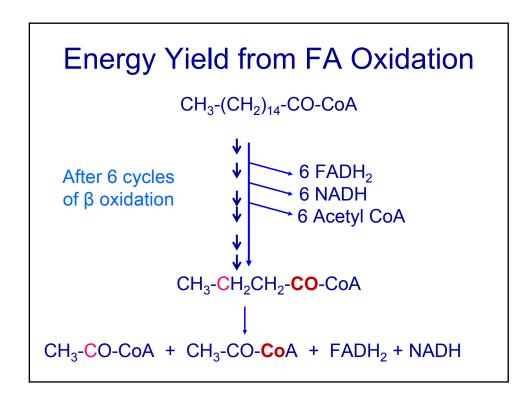












#### Energy Yield from FA Oxidation (cont.)

Oxidation of C 16 FATTY ACID

```
-7 FADH<sub>2</sub> → 14 ATP (7 x 2)

-7 NADH → 21 ATP

- 8 Acetyl CoA → 96 ATP (8 x 12)
```

- Activation of the Acid consumes 2 ATP
- Net 129 ATP mole per mole of C16 Fatty Acid

### **Carnitine**

- \* Other functions:
  - Export of branched chain acyl groups from mitochondria
  - -Excretion of acyl groups that cannot be metabolized in the body

#### **Carnitine Deficiencies**







- ↓ Ability to use FA as a fuel
- Accumulation of F.A and branched Acyl groups in cells